

# E - Paanui

HARATUA

2026

MATAWHAANUI  
- TRUST -

[www.matawhaanuitrust.co.nz](http://www.matawhaanuitrust.co.nz)

## He Whakaaro Aroha

E te Hapori o Raahui Pookeka, teena koutou katoa.

While assembling the stories for this E-Paanui, I am continually amazed and reminded of the resilience of our people who tirelessly serve this community under our shared mission of Reclaiming Raahui Pookeka street by street – whaanau by whaanau. It also gave pause for me to reflect on how far we've come, what we've achieved and what Hawaiiki Hou means to us an organisation.

I am proud that for 7 years, we can stamp our efforts across a range of community impacts that continue to flourish, develop and provide security, safety and comfort to all of our kaimahi, their whaanau and especially our hapori, even in these most challenging financial and political times.

It's hard to imagine the thought – What if we didn't act 7 years ago? What would our community feel like if we had of sat in complacency, fear with no vision, being tossed around in uncertainty and despair.

Had we not have acted there would've been higher unemployment rates amongst our hapori, fewer options to grow and sustain our whaanau, major housing inequities affecting healthy standards of living for whaanau, and our people would've dealt with sickness in isolation with less wrap around support.

In this community we experience and endure it all – progress, setbacks, strength, sadness, celebration and loss. But we get up, wipe our tears and move forward – one day at time.

This E-Paanui is dedicated to Tame Moana, Max Noda, Erena Paki Watkins and Eru Whare. Champions whose memory and indelible mark will remain forever.

## Featured Inside



**Pou Limited –Upskilling our people**

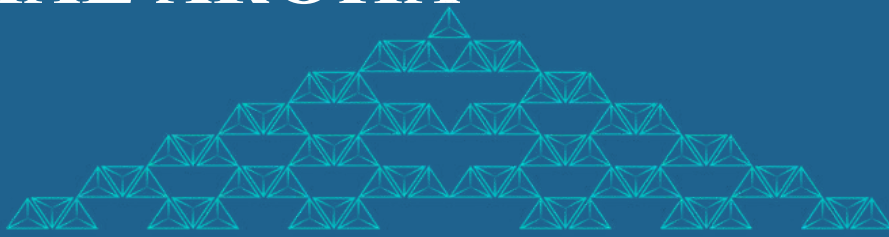


**Pou Taumata at Kaitumutumu Marae**



**Holistically healthy – Catch up with Caprice Turner of Te Puna Ora**

# HE MAMAE AROHA



Ko te whakanui i te oranga o o tatou kaihautu hapori me nga kaihautu kua pahemo ake nei, he mahi whakahirahira, he mea nui. Ko o ratou ngakau nui me o ratou ngakau nui kua waiho he tohu e kore e ngaro ki runga i to tatou hapori, a e kore e warewaretia a ratou mahi.



We honour and pay tribute to the lives of our hapori contributors and leaders who have recently left us. Their dedication and passion have left an indelible mark on our community, and their contributions will not be forgotten.

Thank you for your manaaki, dedication and long-standing service you all gave to our marae, our kura, our club and hapori.

Moe mai, moe mai, haere atu rā.



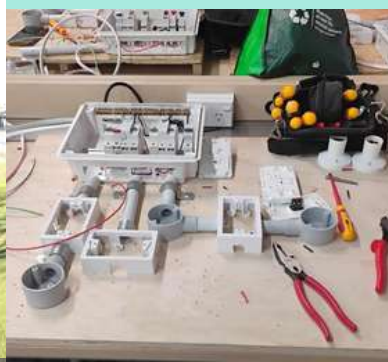


# POU TIAKI

PAPAKAINGA SOLUTIONS

MATAWHAANUI  
TRUST

## MAY BRINGS A MONTH OF ACTION,



During May, our team completed a range of maintenance, housing, and community support activities. Mike – maintenance completed boundary fencing at two rental properties, with support from the Maara Team to clear green waste and debris from two homes within the Te Riu o Raahui Pookeka housing cohort. Tia carried out Whaanau Whare Wellness Checks and continued coordinating kai pack deliveries and bread collection for the Raahui Pookeka community, including providing kai support to whaanau during tangihanga.

Staff development remained a priority, with team members attending First Aid training with Pou Limited, the AWHI Healthy Homes Home Performance Level 2 course, and co-hosting a Home Safety Workshop in Matamata. Mike also continues his studies towards a Level 3 Electrical qualification. – **Pat Nathan Pou Tiaki – Kai Arahi**

# POU HAUORA HEALTH



**“Stronger  
communities,  
champions of change”**

**TAMĀRIKI FREE EAR CLINIC**  
PARKED AT TAITIMU-TAIPARI  
159 HARRIS STREET  
HUNTLY WEST  
RAAHUI POOKEKA -HUNTLY

**FREE-EAR-CHECKS & SUPPORT  
FOR ALL OUR COMMUNITY**

**DATES:**  
TUESDAY 26  
MAY 2026

**TIME: 8.00AM -3.30PM**  
JUST SHOW UP  
AND YOU WILL BE SEEN  
NO BOOKING NEEDED

**MEET SKYLIA  
EAR NURSE**

FOR MORE INFORMATION CONTACT  
TUUHONO@MWT.CO.NZ  
0900 8884 666



Tuuhono Hauora continues to strengthen whaanau wellbeing in Raahui Pookeka through a holistic, whaanau-centred approach. This month's focus is on improving access to services, increasing health education, and supporting informed wellbeing decisions.

The team has expanded access to key services including cardiovascular checks, blood pressure monitoring, counselling/koorero support, women's health, and ongoing clinical care, with a strong emphasis on mental health and holistic wellbeing. Through a collaborative in-house model—incorporating podiatry, sexual wellbeing, counselling, outreach, and pharmacy partnerships—whaanau can access care closer to home. Ongoing initiatives such as immunisation and pop-up clinics, along with targeted support for rangatahi and hapuu māma, ensure timely care, education, and prevention. This approach strengthens early intervention and responds directly to community needs.

**Justeena Leaf – Pou Hauora Kai Arahi**

**Sexual  
Wellbeing  
clinic**

Every Thursday  
10.00am -6.00pm  
@Tuuhono Hauora  
2 Bridge Street, Huntly  
West

**Bookings are essential**



### **Cultivating Community: How the Maara Team is Growing Food, Skills, and Connection**

The Taiao team has demonstrated exceptional productivity through their active participation in key events focused on sustainable practices and Kai Sovereignty. By attending these events, the team not only showcased their commitment to environmental stewardship but also actively engaged with renowned environmental experts. This networking opportunity allowed them to gain valuable insights and skills, which they are now applying to enhance the productivity and sustainability of our own Maara Kai. The knowledge acquired from these interactions is proving instrumental in improving their gardening techniques, crop selection, and overall management of resources, ensuring that their practices align with both traditional wisdom and modern sustainability principles.

In addition to their involvement in these pivotal events, the Taiao team has maintained their dedication to providing fresh kai to their whaanau and hāpori. Their consistent efforts in supplying nourishing food have been particularly evident during recent events and Tangihanga, where the provision of fresh produce has fostered a sense of community and support. This ongoing commitment to Kai sovereignty underscores the team's understanding of the cultural and social significance of kai, strengthening community ties and promoting well-being.

Overall, the Taiao team exemplifies a harmonious blend of traditional practices and contemporary knowledge, driving forward their mission of sustainability and community empowerment. Their proactive approach in seeking out educational opportunities and applying new insights to their work is a testament to their dedication to both the environment and their community. As they continue to evolve and expand their initiatives, the Taiao team remains a vital force in promoting sustainable practices and food sovereignty, setting a commendable example for others to follow.







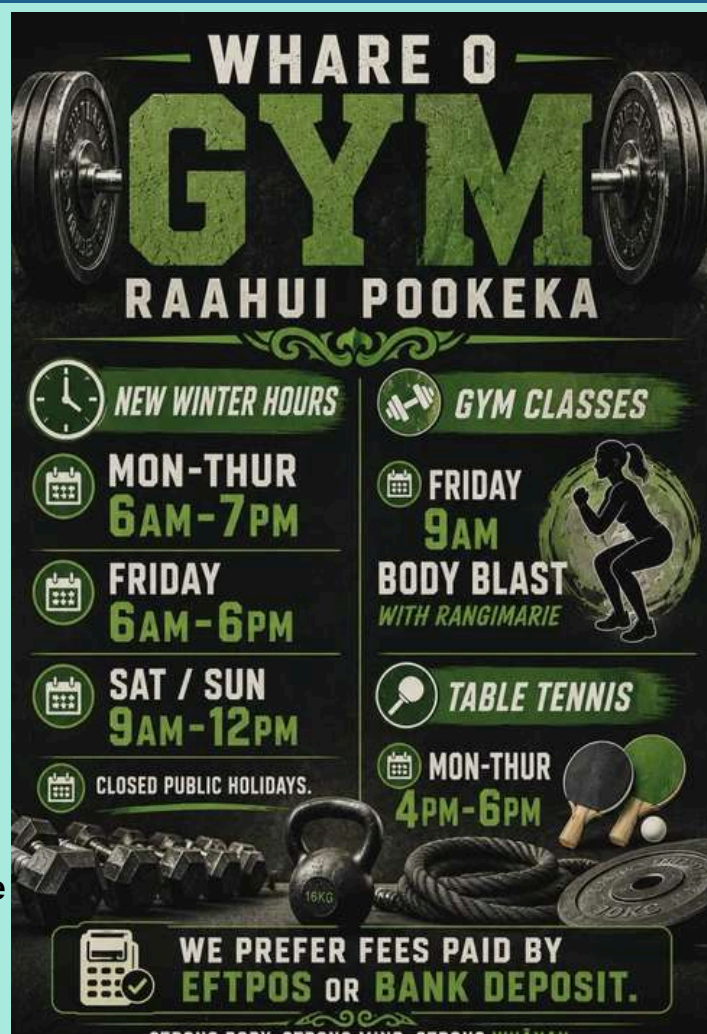
Te Puna Ora's proactive approach in May, highlighted by their move to a new premises and community engagement, has been instrumental in some key milestones. Caprice and her team organized workshops to share their expertise in rongoā Māori, parakore sustainability, and holistic healing, fostering community connections and education. During my visit to Caprice's clinic on Main Street, Raahui Pookeka Huntly, it was clear how their personalized approach is resonating with clients. Caprice shared that the direct interaction with clients, combined with her educational insights on integrating medical and holistic remedies, has significantly boosted product sales. The inclusion of a learning center adjacent to their shop has further increased interest and foot traffic, creating a vibrant atmosphere that supports both education and commerce.





## Empowering Rangatahi Through Fitness

In an era where mental resilience is as vital as physical well-being, Te Whare Oranga stands as a beacon of hope and strength for the youth in our community. Our gym is more than just a place to work out; it's a place where Rangatahi can find support, encouragement, and a sense of belonging. In these challenging times, we recognize that mental wellbeing is a concern. At Te Whare Oranga, we invest our skills and training with a welcoming attitude, creating an inclusive environment where young people feel valued and respected. The heart of our mission lies in our commitment to the wellbeing of our Rangatahi, prioritizing their access to our facilities over profit margins. While maintaining a fully functional fitness centre involves significant investment and cost, these are not the factors that drive us. Our core values of Te Ture (lore), te aroha (love), and te whakapono (faith) guide every decision we make, ensuring that the needs of our community come first. At Te Whare Oranga, we are dedicated to fostering a future where our youth thrive, both within and beyond the gym walls.



**WHARE O**  
**GYM**  
**RAAHUI POOKEKA**

**NEW WINTER HOURS**

- MON-THUR 6AM-7PM
- FRIDAY 6AM-6PM
- SAT / SUN 9AM-12PM
- CLOSED PUBLIC HOLIDAYS.

**GYM CLASSES**

- FRIDAY 9AM BODY BLAST WITH RANGIMARIE
- MON-THUR 4PM-6PM TABLE TENNIS

**WE PREFER FEES PAID BY EFTPOS OR BANK DEPOSIT.**

STRONG BODY. STRONG MIND. STRONG WHĀNAU.

## HAPORI



## CLUB BUILDING UPDATES - HARATUA

It's exciting to see the foundations of our Club move into the next phase. May bought about the start of the block work, the completion of the joinery mahi, along with completion of the the roof. Our continued thanks to Stewart and his team from Fosters for keeping to grinding the plan, come hail or shine.





## OUR COMPANY



### Mental Health – Important to us all

Te Puna Ora's Caprice Turner has been instrumental in delivering practical skills essential for maintaining vitality and wellness to our Whanau at Pou Limited. Her efforts exemplify the spirit of collaboration seen in the Matawhaanui Trust, where diverse skills are harnessed for the greater good of our Hapori. By sharing her expertise in mental health, rongoaa and wellness, Caprice not only empowers individuals but also strengthens the community as a whole. This initiative underscores the importance of unity and skill-sharing in fostering a thriving, resilient community, where every member is equipped to lead a healthier life.

Since launching in early May, the POU Limited Grounds Pathway programme has made an impressive start, with **eight tauira** now fully engaged in hands-on learning alongside the Grounds Team. Designed to create clear pathways into the primary industry, the programme is equipping participants with practical skills in areas such as grounds maintenance, landscaping, equipment operation, and health and safety practices.

Early results have been overwhelmingly positive. Attendance has been strong, and tauira have quickly become valued members of the team, contributing not only through their work but also to the team culture.

The standard of work has stood out, receiving recognition from both POU Limited management and external contractors. Positive feedback from organisations such as Slaters and Genesis highlights the pride and professionalism tauira are bringing to their mahi.

Now passed the halfway mark, the programme continues to build confidence, capability, and a strong sense of purpose, supporting tauira toward achieving their Level 3 qualification and creating brighter futures for themselves and their whānau.

**Update provided by Jahmin Tengu  
Administrative Officer  
Pou Limited.**



Caprice Turner delivering workshops to Pou Limited



# POU TAUMATA

## OUR KAUMATUA



At the recent Pou Taumata Hui held at Kaitumtumu marae, we came together to honor our esteemed Kaumatua, whose presence and wisdom continue to be a guiding light for our community. These revered elders, through their stories, memories, and insights, have been instrumental in shaping the path we walk today, infusing our endeavors with vitality, reason and purpose. Their years of dedicated service were celebrated in a heartfelt gathering, where the joy of our mokopuna's performances brought smiles and laughter to all. A key highlight was the workshop that facilitated the sharing of their invaluable ideas, ensuring that their voices continue to influence and inspire the direction of our collective journey. We express our deepest gratitude for their enduring contributions, which provide strength and vision to the generations that follow. E mihi kau ana ki ngaa ringa haapai o Kaitumutumu marae.





# HE PITOPITO KOORERO

*What's Happening..monthly  
updates May – July 2026*

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 PARKED AT TAITIMU-TAIPARI  
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RAAHUI POOKEKA -HUNTLY

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0800 8884666



**Podiatry services for  
Diabetic whaanau  
Fortnightly Mondays**

JOIN OUR CLASSES 

**TE PUNA ORA  
THE WELL**

**Tiaki Taiao**

**INTRODUCTION  
PROGRAMME**

*with Auntie Kapa*

ROLLING 6 WEEKS | JOIN ANYTIME  
YOUR 6 WEEK JOURNEY STARTS FROM YOUR FIRST  
SESSION

EVERY **11AM-1PM**  
TUESDAY

RONGOA | PLANT ID | SELF CARE  
PARAKORE PRACTICES

**\$85.00 PER PERSON**  
(NON REFUNDABLE)

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**Linnette Wellings  
Intern Counsellor**

**Available  
Every Tuesdays**

**For More Information about  
the above services,  
please call 0800 888 4 666  
2 Bridge Street, Raahui  
Pookeka**