

# E-Paanui

[www.matawhaanuitrust.co.nz](http://www.matawhaanuitrust.co.nz)

## Iti te kupu , nui te aroha

**Kei aaku nui, kei aaku rahi, teena koutou katoa.**

There is a saying from our beloved Taniwharau Club legacy often expressed in our various spaces and koorero. Quote, 'show me , don't tell me'

Familiar to all generations from the Kohanga to the Kaumatua, it reminds us of a beloved koro and kuia affectionately remembered as Uncle Harry and Auntie Mangu Waikai for their dedication to upholding the mana and mahi at Waahi Pa and the Taniwharau club. Tirelessly, astutely going about their days for the various kaupapa at the kura, club and marae.

It is with their memory in mind, I take a moment to reflect on the month that was Huitanguru 2026, the shortest yet most busiest month for us, and consider for a moment if we are honouring and continuing to uphold their legacy captured in those five words 'Show me , don't tell me'.

As this E-Paanui edition will reflect, it's fair to conclude, we've punched above our weight - humbly speaking, as we show you, and share with you the various ways in which we are holding the mana down and shinning a light on the beauty of hapoori happenings that Matawhaanui Trust set out to achieve. Shortest month or not, the momentum remains amongst us all to stay on the grind, see the beauty of what is flourishing, address the challenges together, help ease the burdens of whaanau doing it hard, play to our stregnths and lean into the services of our partners in the spirit of Kotahitanga to connection, wellness and hauora for all.

Paimarire.  
Leon



## Top Features



## Coming soon-Maara Kai market



## Hauora unity in community

### COMMUNITY SPEAKS

#### Raahui Pookeka - Huntly

Raise your hand in our community.

Haere mai - all welcome

**IDEAS - ISSUES - ACTION**

|                         |               |                                      |
|-------------------------|---------------|--------------------------------------|
| Wednesday<br>March<br>4 | <b>6:00pm</b> | Te Whare Wai Ora<br>63 Rotowaro Road |
|-------------------------|---------------|--------------------------------------|

|                         |               |                                      |
|-------------------------|---------------|--------------------------------------|
| Wednesday<br>April<br>8 | <b>6:00pm</b> | Te Whare Wai Ora<br>63 Rotowaro Road |
|-------------------------|---------------|--------------------------------------|

|                       |               |                                      |
|-----------------------|---------------|--------------------------------------|
| Wednesday<br>May<br>6 | <b>6:00pm</b> | Te Whare Wai Ora<br>63 Rotowaro Road |
|-----------------------|---------------|--------------------------------------|

Contact us at:

## Raising our voices



**TUUHONO**  
HAUORA

EST. 2021

📍 2 Bridge Street, Huntly West  
Raahui Pookeka  
☎ 0800 8884 666

**PROTECT AGAINST MEASLES**

If you were born between 1989 and 2004, you might not be protected against measles. It's a serious disease that's highly contagious.

Get your **FREE** measles vaccine here **WITH TUUHONO HAUORA**

*Keep us happy*  
**KEEP US HEALTHY**

TUUHONO HAUORA  
0800 8884666  
2 BRIDGE STREET, RAAHUI POOKEKA

**TURNUED 4 YRS OLD?**  
**HAS YOUR TAMAITI**

Is your tamaiti turning 4 this year?

**It's time for their FREE B4 School Check!**

The B4 School Check helps make sure your tamaiti is growing well, hearing well, seeing well, and ready to conquer their first day of kura! Every 4yo is entitled to this free assessment. Patai? Ask our Tuuhono team today

TUUHONO HAUORA  
0800 8884666  
2 BRIDGE STREET, RAAHUI POOKEKA

## Back to school, Here we go!

Our Team at Tuuhono anticipated from the start of the month that business as usual is not "business as usual". With new entrants into kohanga and returning to Kura, parents are often dealing with all sorts of health realities when it comes to their tamariki and mokopuna.

From experience and knowing their community, the team expected this, hence they decided to get in front of every scenario, including caring for the parents and caregivers of our babies.

**HE ANA TE MEA**  
**MMR**  
MEASELS MUMPS RUBELLA

Look after and immunise our tamariki-mokopuna

The MMR vaccine works to protect our whānau against three infectious diseases: MEASELS, MUMPS, and RUBELLA.

It works by helping your immune system recognise the virus, so your body can fight them off more quicker.

TUUHONO HAUORA  
0800 8884666  
2 BRIDGE STREET, RAAHUI POOKEKA

trust the process.

**HUITANGURU MEANS FEBRUARY**

**MOVE YOUR BUTT!**

QR CODE POST YOUR PUSH & WIN!!

Join us this February to move your BUTT! Whether its walking, swimming biking or Gyming, scan the QR code-post your picture and tag us **WIN 1 or 10 TUU TINO-packs**

Post your PIC and tagg #tuuhonofebruary

TUUHONO HAUORA  
0800 8884666  
2 BRIDGE STREET, RAAHUI POOKEKA



## Introducing Linnette Wellings Healing through Koorero

Our Intern Counsellor, Linnette was born here in Raahui Pookeka, While juggling being a Mum and a 2<sup>nd</sup> year student, we are very fortunate to have her available to the hapori every Tuesdays between the hours of 10am to 5pm

Doubly fortunate because her values and beliefs align with Tuuhono Hauora. A well grounded professional who respects and honours every person's cultural background, coupled with a clear understanding of Maori Tikanga and Te Tiriti principles. For bookings please call 0800 888 4666





## Mental Health 101 training

On Wednesday, 18th February, the MH101 workshop at Huntly Power Station offered attendees a chance to understand mental health challenges and learn supportive strategies.

The workshop empowered participants to recognize mental health signs and provide effective support, guided by knowledgeable facilitators who shared both professional and personal insights. Interactive activities and discussions made the experience engaging.

Attendees received a workbook with MH101 notes, extra reading materials, a support services directory, and access to an e-learning platform to reinforce their learning.

Key takeaways included identifying mental health challenges, using the Te Whare Tapa Whā model for wellbeing, understanding others' experiences, and offering supportive responses.

Overall, the workshop successfully equipped participants with skills to impact those facing mental health issues. Next Training session for the team is April 29th.



## First Aid Refresher

Our first aid refresher course held on 13th February was a resounding success, offering numerous benefits for our team. It provided an engaging and interactive day where participants could refresh their knowledge and skills, ensuring they feel more prepared for any emergency situation. This hands-on experience not only reinforced essential



techniques but also significantly boosted our collective confidence in handling potential workplace incidents. Organized by Justeena Leaf and facilitated by Stacey from Practical Training Solutions, the course strengthened team cohesion and highlighted the importance of quick, effective response in crisis scenarios.



# Pou Hauora Health

## Hui- whakapiri



**HUI WHAKAPIRI 2026**

SECTOR NETWORKING MEETING FOR PROVIDERS WHO, WORK, COVER AND CONTRACT IN OUR COMMUNITY

- PEPUERU MEANS FEBRUARY**  
date: Friday 27 February 2026  
time: 10.00am-12.00pm
- HARATUA MEANS MAY**  
date: Friday 8 February 2026  
time: 10.00am-12.00pm
- HONGONGOI MEANS JULY**  
date: Friday 31 JULY 2026  
time: 10.00am-12.00pm
- WHIRINGA-EO-NUKU MEANS OCTOBER**  
date: Friday 8 October 2026  
time: 10.00am-12.00pm

**TAITIMU - TAIPARI RAA HAUORA Community Health Day**  
13 November 2026  
10.00am - 2.00pm

*"CREATING CONNECTIONS TO CHAMPION CHANGE"*

**TUUHONO HAUORA** 

RSVP FOR CATERING AND TEAM INVITE JUSTEENA.LEAF@MUT.CO.NZ



## TUKUA KIA RERE

An amazing turnout of more that 30 practitioners across local health providers came to Tuuhono's first Hui Whakapiri for 2026. With an abundance of skills, knowledge and services in one space, Facilitator and Hauora Lead Justeena Leaf provided the perfect space and platform for all individuals to speak into the how , who , when and where of what they provide. The backdrop of this hui took place in the courtyard of our newly opened Tai Tumu - Tai Pari building at 159 Harris Street, Raahui Pookeka. One thing's for certain - everybody felt more informed, up to date on issues and changes, more aware of who do what all leading towards better hauora impacts for Raahui Pookeka whaanau.





## Pou Tiaki – Upholding Wellbeing and Whare in 2026

*In February 2026, the Pou Tiaki – Papakāinga team stepped into the new year with clarity, intent, and a deep commitment to the whānau and wider community of Rāhui Pōkeka. With a carefully mapped annual work plan and a unified sense of purpose, the team continues to be an unapologetically Matawhānauni presence—championing wellbeing, strengthening housing pathways, and nurturing community pride.*

*At the heart of the mahi is a cohort of 60 whare, home to approximately 160 whānau members. Supporting this many households is no small feat, particularly for a team of four. Yet each member brings essential expertise and dedication to their role.*

*Tia Toka – guiding property management and providing crucial administrative backbone.*

*Malika Kawana – leading AWHI Healthy Homes and Whānau Ora Rangitāmiro, ensuring wellbeing is central to every interaction.*

*Mike Waitere – coordinating housing and facilities maintenance while supporting Ngawi Westrupp and the Māra Team at Kāhui Tūūwā.*

*Pat Nathan – offering strategic oversight, partnership development, and leadership across the Matawhānauni spectrum. Together, they form a compact but powerful unit committed to the holistic support of whānau and the uplift of the community.*

### February Highlights

*February saw continued momentum across core mahi, including:*

*Consistent tenancy support and maintenance coordination*

*Active participation in stakeholder engagement and collective hui*

*Regular support for broader*

*Matawhānauni kaupapa when required*

*Each action, each conversation, and each service delivered reinforces the team’s dedication to steady, reliable, and compassionate support.*

### Looking Ahead

*As the year unfolds, the Pou Tiaki – Papakāinga team stands poised to deliver on its commitments with heart, integrity, and unshakeable purpose.*

*Their achievements reflect not only hard work but a deep understanding of the values that anchor their community.*

*With unwavering pride and optimism, they look forward to strengthening the hauora and stability of whānau across Rāhui Pōkeka—one whare, one relationship, one kaupapa at a time.*

*Ngā mihi,  
Pat Nathan*



## MAARA KAI

## MAARA MARKET



A little help from friends goes a long way when our Maara lead Ngaawi Westrupp called on his mates for a bit of awahi. Shifting the containers into a new position for our drive through store and planned Pataka was a big task. Now with the whenua cleared of Miscanthus, we can visualise how best to utilize our whenua to our advantage. By creating this container shelter where hapori and whanau can come source, purchase, volunteer and meet, we see this is a step towards our kai sovereignty plan. More now than ever, sustainability of fresh produce is key to alleviating high prices at the supermarkets, especially in our current situation where every dollar counts.



Harvested Riwai - coming up soon,  
Kumara Harvest



# Pou Tupu

## Enterprise



### OUR GYM THAT KEEPS EVERYONE CONNECTED.



Our local gym thrives thanks to a committed team of volunteers and professional trainers who contribute both expertise and passion. What makes it unique is its warm, welcoming environment—free of pretentiousness and egos—where everyone greets each other by first name and looks out for one another. It’s a space where everyone feels at home, regardless of whether they’re from the east or west side. This spirit of togetherness is what sustains the gym’s success. Every day, community members come together to train and develop, strengthening not only their bodies but also their connections with one another.



**WHARE O GYM**  
*Te Wā o te Tinana*  
He oranga tinana • He oranga hinengaro • He oranga wairua

**OPEN HOURS**

Monday – Friday  
 6am – 8pm

Saturday  
 8am – 2pm

Sunday  
 9am – 2pm

Starting February 02  
 CLOSED PUBLIC HOLIDAYS

**WHARE O GYM**  
*Te Wā o te Tinana*  
He oranga tinana • He oranga hinengaro • He oranga wairua

**TABLE TENNIS TIMES**

TUESDAY  
 4:00pm – 8:00pm

WEDNESDAY  
 4:00pm – 8:00pm

FRIDAY  
 4:00pm – 8:00pm

ALL WELCOME  
 Trainer: Tai

Get ready for the Marae Games!



Te Whare Oranga is lucky to have two wahine toa passionate about fitness and the fitness of the community. Shandelle and Rangimarie are rocking a kool vibe with their classes with their knowledge and commitment to taking our gym to the next level.

It's easy to get involved simply by coming in to meet them and talking your goals through with them.

They understand tiaki tinana is a journey and with their guidance and manaaki, they can tailor your plans to suit your goals and time schedule.

**Te Whare Oranga Health and Fitness Centre | Huntly**

Te Whare Oranga Health and Fitness Centre, Huntly. 861 likes · 7 talking about this · 3 were here. The only...  
 facebook.com



# Pou Tupu

## Enterprise



### TE PUNA ORA – OUR RONGOAA CLINIC MOVES INTO TOWN

Last month we shared that the Te Puna Ora team had begun taking their services out to the marae. This month, the journey continues with another exciting step forward, as the team secures a new space right in the heart of town on Main Street.

Te Puna Ora acknowledges Matawhaanui for their ongoing support in helping make this possible. This move marks a significant step forward, increasing the visibility of Te Puna Ora and expanding access to its services for residents and visitors to Rāhui Pōkeka. The premises are currently being refurbished, with Caprice and the team preparing the store and clinic before opening the doors to the community. More updates to come in our next edition.



### SMALL CARD, BIG IMPACT, BREWING SUCCESS ON WESTSIDE

There's a new buzz on the westside of town—and it's coming from the only coffee and healthy-beverage cart in the area. As our community continues to discover our fresh brews, nutrient-packed drinks, and unbeatable prices, one thing has become clear: people love a great deal. That's why our newly introduced loyalty card program has quickly become a game-changer.

It's simple: every purchase brings our customers one step closer to a free drink, and that extra value has people coming back day after day. Coupled with our commitment to staying open during the hours our community actually needs us 159 Harris Street - next to Te Whare Oranga Gym



| ← COFFEES →    |      |
|----------------|------|
| FLAT WHITE     | \$ 5 |
| LATTE          | 5    |
| CAPPUCCINO     | 5    |
| MOCHA          | 5    |
| LONG BLACK     | 4    |
| HOT CHOC       | 4    |
| EXTRA          | \$   |
| SYRUP          | 1    |
| ALT MILK       | .50  |
| ICED           | .50  |
| PROTEIN SHAKES | 6    |
| → VANILLA      |      |

| → OPENING HOURS ← |        |
|-------------------|--------|
| MON               | 6 - 1  |
| TUE               | 6 - 1  |
| WED               | 6 - 1  |
| THURS             | 6 - 1  |
| FRI               | 6 - 1  |
| SAT               | CLOSED |
| SUN               | CLOSED |

CHUR

# Pou Ltd

## Mahi success



POU Limited celebrated the achievements of two of our Scaffolding team this month. Kereama Taaka – Te Kaute completed his Intermediate qualification and Kauri Papanui-Enoka his Elementary qualification. Kauri was a graduate of the Scaffolding Pathway Program run in 2023 that gave a group of Oho Mauri students the opportunity to complete a Level 4 pre-trade certificate while gaining experience onsite with POU Limited and Genesis Energy. He is continuing toward his Intermediate qualification in 2026.

Kereama was also nominated for the Vertical Horizonz Apprentice of the Month for February and was presented with his winning certificate by Craven Wetere from Vertical Horizonz earlier this month.

Outage work continues onsite this month. POU Limited have provided an additional 18 staff since December to assist with this work with the majority being school leavers or those new to the power generation industry. All have gained First Aid, Risk Assessment and Confined Space competencies and are gaining valuable work experience.

POU Limited are working with Northpower to provide an opportunity for our team to be part of the battery project on the northern edge of the Genesis site. Our Scaffolding and Electrical teams, along with 2 new recruits will continue to support this work over the next few months.

Lori King - Site Supervisor  
Pou Ltd.



## HUITANGURU HIGHLIGHTS



# Hapori Haapai



## In the neighbourhood

### Foster lays foundation for new Taniwharau sports and cultural club



*A poignant moment in our shared history has arrived. Work officially commenced on laying the foundations for our beloved Taniwharau Sports and Cultural Rebuild Project—a milestone that marks the beginning of a long-awaited new era for our teams, our whānau, and every generation connected to the Taniwharau legacy. Seeing the first stages of construction take shape is more than just progress on a building site—it is a symbol of resilience, unity, and pride. Our construction partners, Fosters, have stepped onto the whenua with skill and commitment, helping turn years of planning, dreaming, and determination into a reality we can finally witness with our own eyes. This foundational work represents the first major step of many, but it carries deep meaning. For the intergenerational members who have carried this kaupapa, for the managers and volunteers who keep our kaupapa thriving, for the teams who represent us on and off the field, and for whānau who have supported Taniwharau for decades—this project is yours. Every beam, every nail, every stone laid honours the legacy built before us and prepares the ground for the generations still to come.*

## Strengthening Community Connection



### COMMUNITY SPEAKS

#### Raahui Pookeka - Huntly

Raise your hand in our community.

Haere mai - all welcome

**IDEAS - ISSUES - ACTION**

Wednesday March 4 6:00pm Te Whare Wai Ora 63 Rotowaro Road

Wednesday April 8 6:00pm Te Whare Wai Ora 63 Rotowaro Road

Wednesday May 6 6:00pm Te Whare Wai Ora 63 Rotowaro Road

Contact us at:

Leon.Wharekura@MWT.co.nz OR Communications@whaanui.org.nz



**Establishing direct links to our community board was a logical step to address the challenges we face together. In the spirit of collaboration, Matawhānui and Waahi Whānui Trust joined forces to organize a series of community hui, aptly named \*Community Speaks\* Purpose and Inclusivity Open to all whānau, the goal of these gatherings is to pinpoint the priorities that matter most to us as a united community, fostering a safer and more connected environment for everyone.**



Eden Wawatai - Chair of Huntly Community board





**FREE Event** A drug free & alcohol free whaanau event

Raahui Pookeka **Home Grown**

*Waitangi at the lake*  
Lake Hakanoa

Sunday 8 February  
3pm-6pm  
Hosted by:  
**WAHI WHAANUI**

Performances by

Leon Wharekura    Gaylene Himona    Gina Gina    Madz Parker

Funded & Sponsored by

Manatū Taonga | Ministry for Culture & Heritage    GREEN GORILLA

Food stalls email: [communications@whaanui.org.nz](mailto:communications@whaanui.org.nz)

**The first ever Waitangi Commemoration** day took place on a beautiful afternoon beside lake Hakanoa, Event Coordinator Jason Berryman and kaimahi of Waahi Whaanui wanted to celebrate **Home Grown** local talent, not just on stage but all talented local stall holders. Matawhaanui trust were happy to support this inaugural event but hands down Waahi whaanui Trust to all your team and volunteers who made the majic happen for all whaanau of Raahui Pookeka

## Sharing Music and heartfelt Moments at Kimihia Home

There is something profoundly powerful about music—its ability to uplift, unite, and reach the deepest parts of who we are. This year, Entertainers Gina and Leon have committed to bringing that very magic to the residents of Kimihia Nursing Home through regular one-hour musical performances, and the impact is already being felt in the most beautiful ways. Each visit is a reminder that music is more than entertainment—it is connection. As the first chords ring out, smiles begin to spread across the room. Voices quietly join in, hands tap and clap to familiar rhythms, and every now and then, someone will rise to their feet for a gentle dance. These moments—simple yet deeply meaningful—show just how alive our kaumatua remain in spirit, memory, and joy.



Huitangaru 2026

# MARK IN YOUR CALENDAR

What's Happening: monthly updates Feb - April 2026



**HUI WHAKAPIRI 2026**  
SECTOR NETWORKING MEETING FOR PROVIDERS WHO, WORK, COVER AND CONTRIBUTE IN OUR COMMUNITY

**PEPUERU** means FEBRUARY  
date: Friday 27 February 2026  
time: 10.00am-12.00pm

**HARATUA** means MAY  
date: Friday 8 February 2026  
time: 10.00am-12.00pm

**HONGONGAI** means JULY  
date: Friday 31 JULY 2026  
time: 10.00am-12.00pm

**WHIRINGA-EE-NUKU** means OCTOBER  
date: Friday 9 October 2026  
time: 10.00am-12.00pm

**TAITIMU - TAIPARI RAA HAUORA**  
Community Health Day  
13 November 2026  
10.00am - 2.00pm

**Ki te Kāpua e Kore e whati**

**TUUKONO HAUORA** **MATAWHĀAUNUI**

CREATING CONNECTIONS TO CHAMPION CHANGE

RSVP FOR CATERING AND TEAMS: [JUSTINE.HALE@MWT.CO.NZ](mailto:JUSTINE.HALE@MWT.CO.NZ)



**Te Whare Koiora**  
77 Rotowaro Road  
Raahui Pookeka  
Wednesday 25 March  
11am to 2pm

Health  
Pou  
Independence  
Taumata  
Community involvement

**WAIKATO** **WHAANUI**

Last Wednesday of every month  
77 Rotowaro Road. 11am to 2pm

|                    |                        |
|--------------------|------------------------|
| Wednesday 29 April | Wednesday 26 August    |
| Wednesday 27 May   | Wednesday 30 September |
| Wednesday 24 June  | Wednesday 28 October   |
| Wednesday 29 July  | Wednesday 25 November  |

THE KING OF POP  
ONE NIGHT ONLY SCREEN ONE LEGEND  
**MICHAEL JACKSON THE MOVIE**  
TUESDAY 28<sup>TH</sup> APRIL 2026

**HOYTS CINEMA - TE AWA THE BASE**  
PRE PURCHASED TICKETS \$25.00PP

OPT SNACK COMBO \$20.00  
POPCORN  
DRINK  
ICECREAM

TICKETS INCLUDE:  
RESERVED SEAT TO THE MOVIE  
MJ GIFT FOR ALL  
BEST DRESSED PRIZE  
MJ PHOTO-BOOTH  
DJ KAI-EL MJ MUSIC - MJ IDOLS

DOORS OPEN: 4:00PM  
MOVIE STARTS: 6:00PM

LIMITED PRE-PURCHASE TICKETS & SNACK COMBOS  
CONTACT: KHAIO 0272673723

A PRIVATE CINEMA EXPERIENCE WITH US

**COMMUNITY SPEAKS**

**Raahui Pookeka - Huntly**  
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Haere mai - all welcome

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[Leon.Wharekura@MWT.co.nz](mailto:Leon.Wharekura@MWT.co.nz) OR [Communications@whaanui.org.nz](mailto:Communications@whaanui.org.nz)

**Waikato District Council** **MATAWHĀAUNUI** **WAIKATO** **Huntly Community Board**

**BAYLEYS**  
**HUNTLY HALF MARATHON 2026**  
ENTRIES NOW OPEN!

**Huntly Half Marathon**  
Sunday, 17 May 2026  
**Huntly Speedway, Huntly**

