



*Korihi mai i te manu,
takiri mai i te ata...*

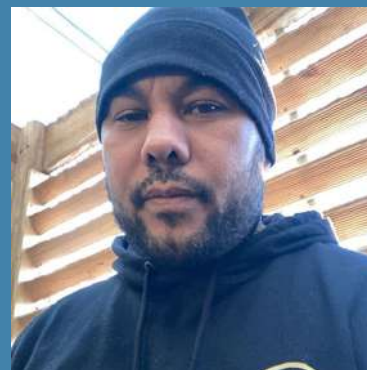
He Mihi Whakatau – Welcoming 2026 Together

As we step boldly into 2026, our organisation is filled with renewed energy and excitement for the year ahead. What truly makes our journey special—and what continues to set us apart—is our people. Our strength lies in the locals who work here every day, bringing their deep understanding of our community, their lived experience, and their unwavering commitment to lifting the wellbeing of whānau. It is their passion, relationships, and insight that ground our work and make everything we achieve possible.

In this first E-Paanui for the year, we shine a light on the core areas that continue to shape our purpose: supporting people into meaningful training and employment, growing nutritious kai, meeting the health and housing needs of our community, and building sustainable business ventures that create long-term impact. These pillars remain at the heart of our mission, guiding the way we serve, innovate, and respond to the aspirations of our whānau and haapori.

Ka ao, Ka ao, Ka awatea

Top News



**Local leader takes top Job
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Calendar dates Pg 10



Whakaritenga

**MAHIA TE MAHI
HEI PAINGA MO
TE HAAPORI**



MWT WAANANGA 1			JAN 21 ST 2026	
9:00 AM	10:00 AM	10:30 AM		
TE MARU O MWT RUKU WITH HAWAIKII <ul style="list-style-type: none"> • WHAKATUUWHERA • NGAA KAWA O MTW • UARA 	WHAKAWHANAUNGA: JUSTEENA WAANANGA <ul style="list-style-type: none"> • SPLIT INTO 4 GROUPS • ICE BREAKERS • KEEMU 	WAANANGA: JOYCE, PAT, JUSTEENA <ul style="list-style-type: none"> • SPLIT INTO EACH POU • WAANANGA A PLAN WITHIN YOUR POU 		
11:00 AM	11:30 AM	12:00 PM		
WHAKATINANA: <ul style="list-style-type: none"> • DELIVER A QUARTERLY PLANNING CYCLE • KEEP EVERYONE INFORMED 	WHAKAKAPI: <ul style="list-style-type: none"> • TAUNAKI I NGAA MAHI • WRAPPING UP 	KARAKIA WHAKAKAPI		
MATAWHAANUI	TRUST	HUB		

OUR VALUES – NGA UARAA

Ngaa Ture
our actions are right

Whakapono
our beliefs are grounded

Te Aroha
our service is purposeful

Pou Hauora Health



TUUHONO
EST. 2021
H A U O R A

📍 2 Bridge Street, Huntly West
Raahui Pookeka
☎️ 0800 8884 666



We're on it and all over it.

Always on the GO!, the dedicated team – just a few of them above with our pharmacists, are serving up community health services above and beyond the call of duty, because that's how they roll. With back to back promotions, community outreach and networking events, their dedication and care is not just in-house

HE MOKOPUNA, HE TAONGA
OUR MOKOPUNA ARE OUR PRIORITY

Pepi looking to join a Hauora?

BABY NEARLY 6 WEEKS OLD?

EVERY 6 WEEK BABY CHECK GETS A BO&GO WRAP&PACK

Enrol With us!

0800 8884666
2 BRIDGE STREET, RAAHUI POOKEKA

At six weeks of age, pēpi receive their first comprehensive health assessments with our team. We encourage all whānau to ensure their child is enrolled with Tuuhono Hauora so we can provide timely, continuous, and culturally grounded care throughout their early wellbeing journey.

it's on the streets, in the hapori and on your doorstep. Their range of services have broadened to keep up with the ever increasing registrations – a testament to the trust that the Raahui Pookeka community has put into being seen by their own qualified people within their own community. The data doesn't lie and the values of manaaki and aroha will always keep the doors open and welcome to all.

12 MONTH PRESCRIPTIONS - KOORERO

Ultimately the clinician will work alongside you and create a safe plan

12-month prescriptions

From 1 February 2026, some prescriptions may be valid for up to 12 months.

Who might be eligible?

You may be eligible if:

- your condition and medication dose have been stable for at least 6 months
- you don't need regular monitoring (e.g. blood tests or blood pressure checks)
- the medicine is approved for 12-month prescribing
- you agree to have an annual in-person review to make sure your medicine is still right for you.

What's not included?

Some prescriptions won't be eligible for the 12-month option, including:

- controlled medicines (for example, opioids or stimulants) or medicines taken only as needed
- conditions or medicines that need monitoring within 12 months
- if your condition or medicine dose has changed in the past 6 months
- if your medication is changed at any point, your 12 month prescription will be cancelled.

What's not changing?

You'll still collect three months of medication at a time from the pharmacy, even if you have a 12-month prescription. It's important to use the same pharmacy for the full 12 months; or you'll need a new prescription.

Need help or have questions?

Talk to your clinician at your next appointment – we're here to help you understand what these changes mean for you.

TUUHONO HAUORA
Pinnacle
Māori Health Partners

2 BRIDGE STREET, RAAHUI POOKEKA
Open for enrolments.



Pou Tiaki

Papakāinga



AWHI Healthy homes Waikato is a **FREE** service to help and empower our whanau to create warmer, drier, and healthier spaces within their whare.



We can support with things like:



Free call, email or message us on Facebook if:

- You live within the Waikato Region
- New Zealand Residents
- You have children or are expecting a baby

 referralswko@awhi.co.nz
 [@awhiwkohealthyhomes](https://www.facebook.com/awhiwkohealthyhomes)

 0800 100 AWHI (0800 100 2944)
  scan me to refer online



Malika Kanawa promotes Awhi Program at Waka Ama 2026

Not one to miss a beat or an opportunity, one of our OG's (original gangSTARs) sniffed out the recent 2026 Waka Ama nationals as a perfect place to promote the benefits of our AWHI programme. Connection is key for Malika knowing there would be a lot of our own community participating during the week. Where there's a will, Malika will find a way. For further information, contact Malika directly through our website on our Papakainga page or call 0800 100 2944.

Meet Mike Waitere – Our true Jack of all Trades

If there is one person in our organisation who can walk into any property and know exactly what needs fixing, building, replacing or improving, it's Mike – our dedicated maintenance lead and the man behind the safety and stability of more than sixty homes in our community.

With whakapapa linking him proudly to Tainui and Ngāpuhi, Mike brings not only technical expertise but also a deep cultural grounding and a commitment to serving whānau.

Mike is known across our organisation as a multi-skilled, hands-on expert. Whether acting as a Builder, Plumber General fixer Problem-solver Practical thinker, he approaches



every task with calm precision, good humour and a standard of workmanship that has quickly earned him trust from staff and whānau alike,





A LOT OF EFFORT PAYS OFF OVER THE SUMMER

KAI SOVEREIGNTY

A small but mighty team has been working hard in our kai gardens – and the results are showing. From above the soil to beneath it, the maara has blessed our community with an abundance of summer crops that helped feed our whānau and keep our cupboards full. Even better, the power of community kicked in. New faces, new skills, and talented tradesmen have jumped on board, helping us transform the cleared to make way for our very own drive-through vegetable pick-up centre. The whenua is growing, the kaupapa is growing, and so are we.

see page 8 for more details





Pou Tupu

Enterprise

SUMMER HEAT BRINGS SUMMER NUMBERS TO GYM – TE WHARE ORANGA

Our community gym is kept alive by a dedicated crew of volunteers and supported by qualified trainers who bring both skill and heart to the space. What truly sets it apart is the genuine, friendly atmosphere – no pretentiousness, no egos, just people who greet each other by first name and look out for one another. It’s a place where everyone belongs, whether you’re from the east side or the west side, and that collective caring nature is what keeps the gym thriving. Day after day, locals continue to join, train, and grow together, building strength not just in their bodies but in their community connections.



WHARE O GYM
Te Wā o te Tinana
 He oranga tinana • He oranga hinengaro • He oranga wairua

TABLE TENNIS TIMES

TUESDAY
4:00pm – 8:00pm

WEDNESDAY
4:00pm – 8:00pm

FRIDAY
4:00pm – 8:00pm

ALL WELCOME
 Trainer: Tai

Get ready for the Marae Games!



Pou Tupu

Enterprise



TE PUNA ORA TAKES HAUORA BACK TO THE MARAE

Our Te Puna Ora team is taking their holistic services beyond the clinic and into the heart of our community – the marae. By supporting local events and hui, the team is creating warm, culturally grounded spaces where whānau can access wellbeing checks, health kōrero, and preventative care in a place that feels familiar and safe.

These visits also provide the perfect platform to introduce our newest offering: herbal teas crafted from locally sourced plants, designed to promote relaxation, digestion, immunity, and overall wellbeing. Each blend reflects mātauranga Māori and the healing properties of our whenua.

This kaupapa strengthens relationships, removes barriers to healthcare, and reconnects our people with holistic hauora practices. Te Puna Ora is proud to bring these services back to where they belong – with whānau, on the marae, surrounded by culture, connection, and care.



Pou Tupu

Enterprise



We're excited to introduce Briar Tuhua, the newest member of our coffee cart enterprise and an experienced barista with a passion for great flavour, great service, and great ideas.

Briar joins us with strong barista expertise and a creative flair that's already sparking fresh energy within the team. She brings a deep love for hospitality, innovation, and people—qualities that fit perfectly with our kaupapa of delivering more than just a cup of coffee.

What makes Briar stand out is her vision for what our cart can become. She's eager to explore new offerings that go beyond coffee: signature drinks, seasonal flavours, locally inspired creations, and new ways to bring warmth and connection to the communities we serve.

With Briar on board, we're looking forward to a vibrant new chapter—one fuelled by great ideas, quality service, and the kind of manaakitanga that keeps our whānau coming back.

Nau mai, Briar — we're thrilled to have you as part of our journey.

Welcoming Briar Tuhua to Our Taniwha Cart

Kai Sovereignty on our Whenua ctd.

Our movement towards establishing a drive-through produce store on our whenua is a significant step in making kai more accessible to our community. This initiative not only supports local enterprise but also aligns with our commitment to sustainability. By providing a convenient way for people to access fresh, locally-sourced produce, we are fostering a healthier lifestyle and reducing the carbon footprint associated with long-distance food transportation. Our drive-through concept ensures that everyone can enjoy the bounty of our land with ease, reinforcing our dedication to nurturing both our community and our environment.





Our Company



POU LTD ANNOUNCES APPOINTMENT OF TE AWAH LEEVEY AS COMPANY GENERAL MANAGER

Matawhaanui Trust and Pou Ltd is pleased to announce the appointment of Teawha Leevey as the new leader of the organisation, marking a significant milestone in strengthening the company's long-term growth, stability, and strategic direction.

Born, raised, and educated in Rāhui Pōkeka, Teawha brings deep local insight and a strong cultural foundation to the role. Fluent in te reo Māori and well-versed in tikanga, he carries with him a leadership style that reflects both the values of the community and the aspirations of the company.

Teawha has worked closely across the operations of Pou Ltd and Genesis Energy for many years, developing extensive practical experience and a clear understanding of the systems, teams, and partnerships that underpin the organisation's success. His technical knowledge, combined with his ability to connect with people at all levels, has earned him the respect and confidence of the Pou workforce.

With the full backing of the Trust and a team that already recognises his capability and integrity, Teawha steps into his new role with strong support and a mandate to drive the organisation forward. His leadership will focus on ensuring sustainable growth, strengthening operational performance, and upholding the cultural values that define Pou Ltd.

"Teawha is the right leader for this next phase of our journey,"He understands the heart of this organisation, he is trusted by our people, and he has the vision to guide us confidently into the future. - Norm Hill, Chair of Matawhaanui Trust and Pou Ltd"





MARK IN YOUR CALENDAR

What's
Happening..monthly
updates Jan - May
2026

Pou Tupu- Love and Growth
 Pou Tari- Love and Strength
 Pou Hauora- Love and Wellbeing
 Pou Tiaki - Love and Support
 Pou Tiaas - Love and Grounding

Kotahi Aroha- Kia kotahi e
 One Love - One Heart

HEAD TO THE TANIWHA CART TO PICK UP YOUR AROHA

HUITANGURU MEANS FEBUARY

MOVE YOUR BUTT!

QR CODE
POST YOUR PUSH & WIN!!

Join us this Febuary to move your BUTT! Whether its walking, swimming biking or Gyming, scan the QR code-post your picture and tagg us **WIN 1 or 10 TUU TINO-packs**

Post your PIC and tagg # tuuhonohauora

0800 888466
2 BRIDGE STREET, RAAHUI POOKEKA

2026 Regatta:
 Date: Saturday, March 15, 2026.
 Time: 8:00 AM - 5:00 PM.
 Location: Turangawaewae Marae, Ngaruawahia.
 Highlights:
 Waka Tauaa, Waka Races, Kapa Haka, Live Music, Hangi, and Wood Chopping

Important Notes: Para Kore (waste-free) event, No dogs, No alcohol, and No long lens cameras.



NORTH WAIKATO
HUI WHAKAPIRI 2026

SECTOR NETWORKING MEETING FOR PROVIDERS
 WHO, WORK, COVER AND CONTRACT IN OUR COMMUNITY

F2F Pepueru means FEBRUARY
 date. Friday 27 February 2026
 time. 10.00am-12.00pm

ONLINE Haratua means MAY
 date. Friday 8 February 2026
 time. 10.00am-12.00pm

ONLINE Hongongoi means JULY
 date. Friday 31 JULY 2026
 time. 10.00am-12.00pm

F2F Whiringa-aa-nuku means OCTOBER
 date. Friday 9 October 2026
 time. 10.00am-12.00pm

F2F TAITIMU - TAIPARI RAA HAUORA
 Community Health Day
 13 November 2026
 10.00am -2.00pm

Ki te kapaia e kore e whati

We Succeed Together

'CREATING CONNECTIONS TO CHAMPION CHANGE'

TUUHONO HAUORA

MATAWHAANUI TRUST

R5VP FOR CATERING AND TEAMS INVITE JUSTEENA.LEAF@MWT.CO.NZ

BAYLEYS
HUNTLY HALF MARATHON
 2026

ENTRIES NOW OPEN!

Huntly Half Marathon
Sunday, 17 May 2026
Huntly Speedway, Huntly

