



E-PAANUI

HONGONGOI 2025



INSIDE THIS ISSUE

- We highlight the leadership, skills and triumphs of our team.
- Recognise outstanding persistence delivering for whānau in papakainga.
- Provide updates of our Hauora project hub.

He Tāngata – The power of our people.

At the heart of Matawhaanui Trust (MWT) is the unwavering belief that true strength lies in our people. It is through their passion, dedication, and leadership that we continue to build a thriving, resilient, and connected community. Each member of our team carries personal goals that are deeply aligned with the collective vision of MWT—a vision grounded in the legacy of those who came before us, who worked tirelessly to uplift whānau, protect whenua, and nurture kotahitanga.

Our leaders are more than just role holders, they are kaitiaki of community wellbeing, visionaries of opportunity, and champions of equity. In this issue, we highlight our successes, aspirations, and reflect on our shared commitment to transformation, and it is our mahi that ensures the legacy of people power continues to shape a stronger future for generation warriors to come.



NŌKU TE AO

THINK LOCAL - GO GLOBAL



RACE RESULTS

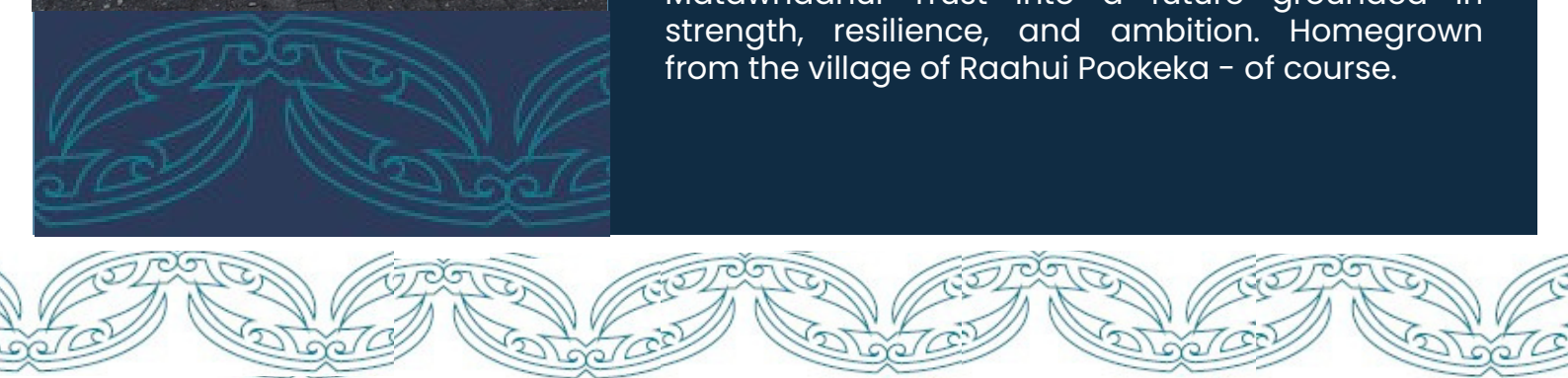
SMALL BOAT 2KM RACES



SENIOR B MIXED	1st	9.59.715
SENIOR C MIXED	5th	10.36.104
SENIOR A MIXED	6th	10.25.142
PREMIER MIXED	8th	10.00.38

Matawhaanui Board reps bringing home the gold.

We are proud to acknowledge the outstanding achievements of our board members, Chairman Norm Hill and Board Member Timothy Manukau, pictured above alongside his brother Nicholas, who recently took gold at a the 17th IDBF World Dragon Boat Racing Championships held in Brandenburg Germany from the 16 – 20th July, 2025. Their success on the international stage is a testament to their leadership, discipline, and unwavering dedication—qualities that extend far beyond sport. The same passion and commitment they demonstrate in personal pursuit are mirrored in their governance roles within our organisation. Their ability to excel under pressure, lead with integrity, and uphold excellence continues to inspire and steer Matawhaanui Trust into a future grounded in strength, resilience, and ambition. Homegrown from the village of Raahui Pookeka – of course.



BOARD MEMBER ACHIEVEMENT



Matawhaanui Trust are equally proud to acknowledge the appointment of Matawhaanui Trust board member Tim Manukau to the Establishment Board of IAWAI Flowing Waters, Waikato's first publicly owned water entity. Tim's selection reflects his extensive governance experience, strong science background, and enduring commitment as a kaitiaki of the Waikato River. Recognised for his deep whakapapa ties to the awa and his leadership across numerous local and regional roles, Tim brings the expertise and integrity essential to shaping the future of water services in our rohe. His appointment, made by a high-level panel representing both councils and Waikato-Tainui, is a testament to his capability in steering transformative infrastructure development and honouring the legacy of mana whenua in all aspects of service delivery.

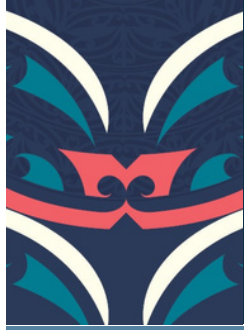
Key Roles and Responsibilities



Tim's appointment as a director within IAWAI scopes a number of responsibilities.

- Oversee the transfer of: Staff, assets, liabilities, consents, contracts and land from the councils to the Council-Controlled Organisation (CCO)
- Identify, value, and transfer all water assets and water-related debt
- Guide the development of a 10-year water services strategy





POU TAIAO

Maara Kai/ Whenua



Matawhaanui extends our heartfelt thanks and warmest aroha to Pou Taiao lead, Blain Berryman, and his partner, Health and safety and all round management - admin support Cleo Donaldson, for their outstanding service, unwavering dedication, and deep commitment to our hapori and marae. Captured in the pics below at a Matariki event organised by Blain prior to their departure, Blain and Cleo have contributed tirelessly to the kaupapa of Matawhaanui, championing maara kai, taiao kaitiakitanga, strengthening community connections, and embodying the uara (values) that underpin all we do. As they move forward to establish and grow their own local business, we acknowledge the legacy they leave behind – one of manaaki, leadership, and genuine awhi to our people. We wish them every success in this new chapter and know they will continue to make a positive impact wherever their journey takes them.



POU TIAKI

Papakanga- Housing



PUTTING WHĀNAU FIRST PAYS OFF

Malika Kanawa's dedication and consistent delivery through the AWHI programme has played a key role in strengthening trust and solidifying our partnership with the Healthy Homes Initiative. Her commitment to quality engagement and professional development has not only ensured positive outcomes for whānau but has also contributed to the successful continuation of our AWHI programme here in Raahui Pookeka.



AWHI Healthy homes Waikato is a **FREE** service to help and empower our whanau to create warmer, drier, and healthier spaces within their whare.



We can support with things like:



Free call, email or message us on Facebook if:

- You live within the Waikato Region
- New Zealand Residents
- You have children or are expecting a baby



From March to 30 June, Malika Kawana led significant engagement through the MWT AWHI programme, receiving 32 referrals and successfully completing 30 comprehensive assessments to support whānau wellbeing.

During this period, Malika actively participated in a range of professional development opportunities, including promoting AWHI services at events in Meremere and Te Kauwhata, and attending key sector hui such as the AWHI Quarterly Provider Hui and the Healthy Homes Initiative Northern Regional Hui.

She also completed critical training in Safeguarding and Child Protection, Pae Tata Pae Tawhiti (focused on early intervention for mental health and AOD concerns), and Hui Whakapiri, further strengthening her ability to provide informed, holistic support to whānau.

AWHI – Healthy Homes – Nationally
A productive 2024-25 year for AWHI with the national data confirming:
100+ beds and bedding packs for tamariki
Minor repairs and /or curtains to 100+ whaanau
400 whaanau engaged and assessed by AWHI nationally



POU TUPU

Enterprise



Te Whare Oranga - Gym

Despite the chill of the winter months, our gym has continued to maintain its operations, ensuring our community has a warm and welcoming space to stay active and connected. In recent weeks, we have also opened our doors to other members of the community whose regular facilities have been closed for maintenance and repairs. Once again, our humble gym has stepped up to provide a safe, well-equipped environment for everyone, fostering not only physical wellbeing but also a strong sense of inclusivity and manaakitanga that keeps our hapori thriving.

TE WHARE ORANGA HEALTH & FITNESS CENTRE TIMETABLE

MONDAY

3.30PM-4.30PM: RANGATAHI BOXING CLASS (AGES FROM 8-12 YR OLDS) (6 PEOPLE-LIMITED GEAR) - \$5.00 PER CLASS

6PM- ADULT BOXING CLASS (6 PEOPLE-LIMITED GEAR) - \$5.00 PER CLASS

WEDNESDAY

3.30PM-4.30PM: RANGATAHI CIRCUIT CLASS (AGES FROM 8-12 YR OLDS) (6 PEOPLE-LIMITED GEAR) - \$5.00 PER CLASS

6PM- ADULT CIRCUIT CLASS (6 PEOPLE-LIMITED GEAR) - \$5.00 PER CLASS

PLEASE NOTE:
ALL CLASSES ARE \$5 PER PERSON — THIS APPLIES TO BOTH MEMBERS AND NON-MEMBERS.
GYM MEMBERSHIP DOES NOT INCLUDE FREE CLASSES. PAYMENT IS DONE BY EFTPOS ONLY

CONTACT: TAPU HETA 02102562094



Te Puna Ora continues to grow from strength to strength, as their products and services reach even further into the wider community. The clinic's dedicated team has been busy not only preparing quality rongoā but also enhancing the Hauora Hub project taking lead on landscaping work to help create a calm, holistic and welcoming environment for all who visit.

A variety of workshops have been held, and continue (see opposite Paanui) sharing mātauranga Māori and practical skills to support holistic wellbeing, while countless satisfied clients have shared their stories of improved health and oranga thanks to our carefully crafted range of products. This growth reflects both the trust of our community and the enduring value of traditional healing in supporting healthy lives.

*Kia Waatea!
No cost to attend*

**Naumai Haere mai
Hohou te Rongo**

**Parakore me
Te Mauri o Kawakawa
Waananga**

What you will learn...

Date
Sept 27-28

Location
Huntly
Power Station
Chr Methernington &
To Oraki Road, Huntly.

Time
8am-4pm
Whakawhānaukatanga

Parakore | Zero waste from the Whenua to the Moana and back. Learn practical methods for achieving zero waste through upcycling, recycling and repurposing to live sustainably and respectfully.
Facilitated by Aunty Kapa & Cousin Te Hau

Te Mauri o Kawakawa honours the healing properties of kawakawa through Te Rau Aroha alignment. Experience the indigenous plant medicine to help connect with your three heart centres, **Ngaa Manawa e Toru**, and your sacred lineage, **whakapapa** — ultimately guiding you to the divine source of healing within us all **IO Matua kore to Kaihanga. Facilitated by Nenehu.**

*Content will change based on availability. Expect crossover between topics.

Register your interest
by completing the form via the QR code or by contacting our team.

QR CODE

KOORERO MAI
Ra 021 206 8094 or info@TPOthewell.nz

POU HAUORA

Health



TUUHONO HAUORA

Wellness during Winter

Throughout July, our Tuuhono team demonstrated remarkable resilience and commitment, working tirelessly to support the health and wellbeing of our hapori.

Their efforts focused on strengthening immunity, promoting child wellness, and ensuring both our rangatahi and kaumātua had the resources and support they needed to thrive. From hosting educational activities to running wellness checks, every action was underpinned by a deep sense of care and responsibility.

In addition to the promotions shared this month, we also remind everyone of the importance of staying on top of prescribed medications – a small but vital step in maintaining overall health and preventing avoidable complications. Our Tuuhono team's dedication continues to inspire confidence and trust, proving that collective wellbeing is built through consistent, compassionate action.

Tuuhono
Hauora
rs. Immunisation clinic, health assessment, caregiver, rea, counsellor

Kia Ora
Saturday
Clinic

9.00am-1.00pm
0800-8884666

2 Bridge Street,
Huntly West
Raahui Pookeka

HUANGO-ASTHMA
Etahi o ngā pūtake me ngā whakakā noa e tika ana kia mōhiotia e te katoa
Some common causes and triggers that everyone should know

- POLLUTION
- SMOKING
- BACTERIA AND VIRUSES
- GENETIC
- PETS ANIMALS
- HOUSEHOLD CHEMICALS
- DUST
- KAI

HE AHA NGĀ MEĀ KA WHAKAHOHO I TŌ MATE HUANGO?
WHAT TRIGGERS YOUR ASTHMA?

TAIWHU
TAIORA
TAIPARI

Nou te Rourou, Naaku te Rourou
Ka Ora ai te Iwi
With your basket and our basket our people will prosper

Waea Mai
CONTACT US

0800 TUUHONO
0800 888 4 666
027 772 6843

2 Bridge Street
Huntly West,
Raahui Pookeka

tuuhono@mwt.co.nz

TUUHONO HAUORA

TUUHONO HAUORA

A STRENGTHS BASED APPROACH TO HOLISTIC HEALTH IN OUR COMMUNITY

HAUORA SUPPORT 6 DAYS A WEEK
MONDAY TO THURSDAY: 10.00AM - 6.00PM
FRIDAY: 9.00AM - 5.00PM
SATURDAY: 9.00AM - 1.00PM

JOIN US E TE WHĀNAU OPEN FOR PRIMARY HEALTH ENROLMENTS

RAAHUI POOKEKA - HUNTLY NORTH WAIKATO

PROJECT UPDATES HAUORA HUB



JULY OUTCOMES

- While the weather has challenged us and at times halted our operations, the building team on our Hauora Hub project have worked tirelessly endured the tasks required to stay the course towards completion date.
- Our workforce have stayed adaptable by holding weekly toolbox hui ensuring good team morale and a clear focus on meeting timeframes and tasks.



Envisioning beyond the soil

Such are the talents of our Te Puna Ora team who understand whenua, planting and rongoā. It's more than a patch of dirt to them. With a lens on enhancing our projects outdoor surroundings, Caprice and her team are developing a plan that will create a sensory of rongoā natives, flora and shrubbery to lift and compliment the wairua of our hub.



A snapshot of work undertaken to date.

- 9 employed from our local hāpori to meet a number of trades tasks. A mix of rangatahi interns alongside qualified team leaders.
- Down piping, balustrades, stairs, and window screens are being completed.
- Internal design work has begun with our cultural/tikanga advisor Hawaikii Maipi responsible for interior design, fixtures and cultural footprint.