



# E-Paanui

## Pipiri 2025

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MATAWHAANUI

*Trust*



*Manawatia a Matarki*

# Te Whakanui i a Matariki

I te aranga ake anō o ngā whetū o Matariki i te ata hāpara, ka tū tātou ki te whakanui i te Tau Hou Māori — he wā tapu hei whakamaumahara, hei whakanui, hei whakahou i te wairua. Ko Matariki te wā e whakamaharatia ai ō tātou tini mate, ngā mea kua wehe atu ki tua o te ārai, ēngari e noho tonu ana i roto i ngā hau, i ngā awa, i te mahana o ngā whakamaharatanga. Ka kōrerohia ā rātou ingoa, ka whakakā tātou i ngā rama hei tohu aroha, ā, ka kawea tonutia te taonga tuku iho i waiho mai — te aroha, te manaakitanga, me te manawanui.

This is also a time to celebrate the journey we've taken over the past year. We look back with pride at the achievements of our whānau, our hapori, and our kaupapa. Whether big or small, each step forward is a testament to our collective strength and the vision of our tūpuna. Through hard work, unity, and unwavering belief, we continue to build lives of purpose and connection, grounded in the values that have always sustained us, te ture, te whakapono me te aroha.

Looking to the horizon, Matariki invites us to dream boldly for the future. It's a time to set intentions, plan for prosperity, and invest in the wellbeing of those yet to come. We do so not as isolated individuals, but as descendants of a great legacy — uri of those who stood tall for the Kingitanga, who believed in the strength of unity, kotahitanga, and tino rangatiratanga. That legacy is not a relic of the past — it lives on through us, the intergenerational torch bearers of our people.

I a tātou e whai ana i ngā huarahi o te ao kei mua i a tātou, ārahina e te māramatanga o Matariki, kia ū ki ō tātou pakiaka, kia whakanui i tō tātou wā ināianeī, ā, kia anga whakamua me te māia. Ko tātou te hunga ora, ko tātou hoki ngā uri whakatupu — kei a tātou te anamata.



# Matariki Magic from Raahui Pookeka



# POU TIAKI

## PAPAKAINGA



### Why strong Partnerships count

On 17 June, we had the pleasure of welcoming Trudy Whitlow (Kaiaarahi) and Jono Wright (Kiritahi Matua) from Toituu Te Whenua (LINZ) to Raahui Pookeka. It was a special occasion—many of our team were meeting Trudy kanohi ki te kanohi for the first time, and it was Jono's first-ever visit since joining Toituu Te Whenua in early May. Our kōrero covered a range of important kaupapa, including Healthy Homes certificates for affordable rentals, maintenance needs at four properties, tenancy updates—12 of 14 homes are currently occupied—and a growing wait list of 16 whaanau. We also discussed reinstating regular hui with the Property Team and touched on future considerations around property divestment. What stood out most was the strong sense of partnership and mutual respect. Trudy summed it up beautifully when she said, ***“There are highs and lows when travelling out in the motu and connecting with our friends at Matawhaanui was the ‘high’ of the trip! ... There’s just so much to be done in the regions.”*** Moments like these affirm the value of our shared mission and the power of working together.



left to right Jono Wright, Joyce Maipi, Trudy Whitlow and Pat Nathan

### Thank you Mata Turner

It's a great loss to MWT, but fortunate for the next organisation Mata chooses to work with, as she finished her role at Kaainga Ora on 27 June having been part of the Te Riu O Raahui Pookeka programme since 2023. Mata was instrumental in the development of the MOU and implementation of the programme and worked closely with Paula Graham and Tia Toka in the Operational Support Group with MWT and MSD since 2023. Her guidance and support will be greatly missed, and we wish her all the very best on her next journey.



# Pou Taiao



## WHAKAMAUA KI TE AO O TE KAHA O WHAWHAAKIA

### Maramataka informs our planting decisions

Plans began in June to kickstart as 4 part series of workshops focused on imparting Mātauranga gathered from our own learnings. Over the years, the maara has been a go to source of kai for all Marae and hapori and the opportunity to encourage whaanau to either support or take up initiatives to start their own maara based on our findings is what this waanga is all about. Nau mai , haere mai.

### Pataka Kai - Riwai and Kumara

Speaking with Blain - our Pataka Kai was prepped before the taenga mai of Hotoke. Just as our tuupuna practiced, we too are ensuring reserves of kai are available to get us through. We may be lean with boots on the ground but the hard work prior has paid off.

### TUPU-Ā-NUKU – TE KAI MAI TE WHENUA

Represents: Food grown in the earth –  
kūmara, rīwai, vegetables



Tuesday 8th July  
11am – 1pm

📍 Kaahui Tuuwaa  
22-24 Fairfield Avenue  
Rāhui Pōkeka

Facilitated by: Blain Berryman – Matawhaanui Trust

- Kōrero about Tupu-ā-nuku and its role in Matariki
- Traditional mātauranga on soil, planting, seasonal cycles Together we will gather kai from the maara
- Light refreshments will be provided.



# Pou Hauora



To mark the month of Matariki, our Tuuhono team swung into action as you can see. Their promotions focused on keeping everyone connected, being accessible and ramping up their visibility to all hāpori so the messages of whānau health resilience gets us through the cold temperatures of Hotoke - winter.

Our latest Tuuhono registered numbers are continually rising with latest check at 700 registered and consistently increasing. Key messages coming directly from our Hauora lead are - Boost immunity, eat well and stay hydrated, stay home if you're sick, and drink ginger and lemon as a natural safeguard to a lot of bugs.

## Promotion is Key

ONLINE DATES <small>10.00am - 12.00pm</small>	ONSITE DATES <small>10.00am - 12.00pm</small>
1. Thursday 26 June	2. Friday 25 July
3. Friday 29 August	4. Friday 3 October
5. Friday 7 <sup>th</sup> November	
6. Friday 5 <sup>th</sup> December 2025: CoLab-Community Health event	



# POU TUPU

## TE WHARE ORANGA



### **Te Whare Oranga – Hapori Hauora at its best**

Te Whare Oranga has been a hive of positive activity recently. Last week, we welcomed a group of rangatahi from the local kura who completed work experience at the gym. It was inspiring to hear their career aspirations, with some aiming for fields such as physiotherapy and sports science—an encouraging sign of our young Māori striving for excellence.

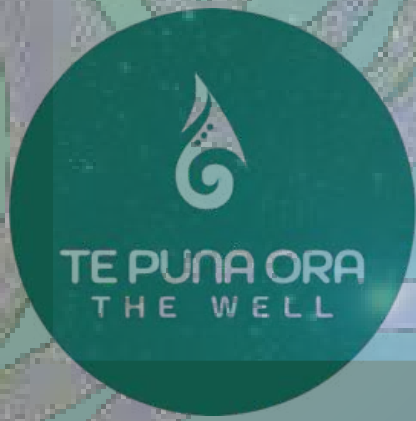
Membership continues to grow steadily, reflecting the community's strong engagement with the space. A highlight last week was the large turnout for the suicide awareness walk, which both started and finished at the gym. Whānau travelled from as far as Tauranga to support the kaupapa, creating a powerful sense of unity and purpose.

We've also been invited to return for step classes with Bernard Ferguson teachers through the end of June, continuing our commitment to keeping our community active and connected.



### **Intergenerational Hauora**

When great grandmother Waimarie McIlroy at 84 recently decided to join Te Whare Oranga gym, her daughter, a grandmother herself also decided to join up. To her surprise her great grandson shows up, already a member. A true testament to why Te Whare Oranga is a community gem.



# POU TUPU

## Social Enterprise

Waananga, Rongoa, Para-kore



### A life of passion and purpose in Rongoa

Te Puna Ora has experienced steady and inspiring growth, expanding its range of holistic services and handcrafted products that support wellness, balance, and cultural integrity. At the heart of this flourishing kaupapa is owner Caprice Turner, whose vision goes beyond business—this is a lifestyle grounded in purpose, not a daily grind. For Caprice, Te Puna Ora is a reflection of her passion and values, not just a job to get through. It's this powerful mindset—living with intention and loving what she does—that fuels her every day. She wakes up with gratitude and drive, knowing she's building something meaningful for herself and her community.

Honouring Matariki, Caprice assisted by Myrtle were able to facilitate and deliver a Rongoa workshop to students from the Raahui Pookeka Te Waananga o Aotearoa campus. It's this space where Caprice thrives - passing the knowledge on.



# HAUORA HUB UPDATES



## Weekly Hui add to positive working environment

- Working with our company Pou Ltd to provide the scaffolding requirements
- Our Painting crew have commenced work
- Our Landscaping processes have begun
- Roofing is almost complete and the Front decking is underway.



## Whanau skill required

At Matawhaanui Trust, our commitment to uplifting local people is at the heart of everything we do. Clarence, pictured here, is a shining example of this kaupapa in action. For the past five years, he has consistently stepped up when available—always willing to lend a hand and take on a range of roles as they arise. His versatility, and strong connection to our community make him an invaluable part of our team. Once again, Clarence has been called on to put his skills to work, representing our organisation with integrity and dedication.