

# E-PAANUI

Pou Taiao

Pou Tiaki

Pou Hanora

Pou Tapa



Poutūterangi, March 2025

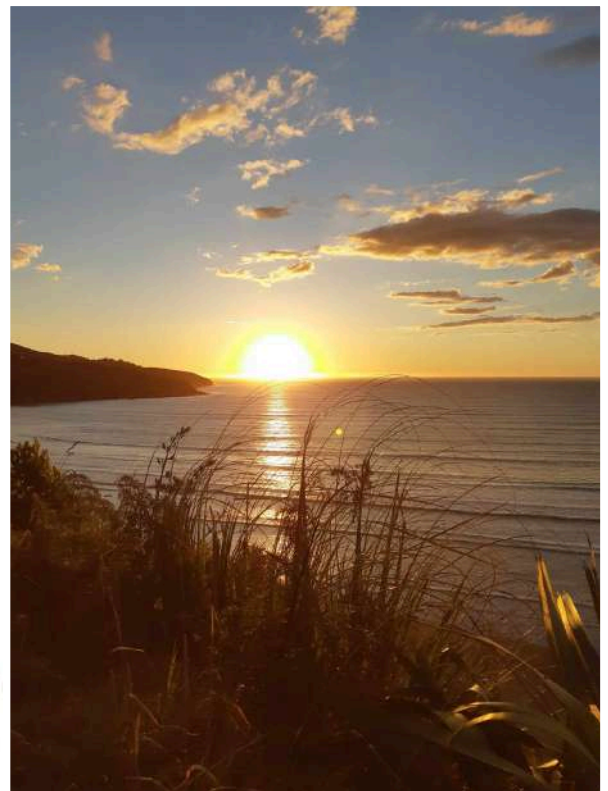
## WEATHERING THE UNKNOWN – NOT NEW TO US

Just as the season changes, it beautifully illustrates the inevitable cycle of growth and transformation. Our forebears adapted to their ever-shifting world, embracing challenges and opportunities with each season. We are encouraged to welcome change as critical to personal and communal development. The transition from Raumati's warmth to Ngahuru's frost, mirrors the resilience that sustained past generations. By learning from Taiao and Maramataka cycles, we gain insight into our capacity for growth and renewal, understanding that each phase plays a vital role in shaping who we are.

Speaking of season changes, it's only appropriate we pay our respects and homage to our recently dearly departed, whose lives and service to community were intrinsically woven through all of us. Our thoughts and aroha to all our whānau pani, throughout Raahui Pookeka. May you find peace and comfort in the coming months of adjustment knowing your loved ones contribution to whānau hapuu and hapori will remain steadfast in our vision to soilder on in the pursuit of motuhake, whanau resilience and success on their behalf. E te Whaea Joanne Hughes, huri noa, koorua ko Uncles' Pat Kingi, Uncle Major Tahapeehi, Koutou maa ngaa pou kaanohi o taatou.

Haere, haere haere atu ra.

Paimarie.



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# Pou Taiao - Maara Kai



Poutūterangi, 2025



## He aha te kai o te Rangatira? He Koorero

Throughout the month of Poutūterangi, we've been moving around a bit for our Monday morning Hui-tahi. Needless to say, it's been good for the wairua to be out in the Maara and at Te Ahurei under the momentum of our identity where we can express and share our stories and views that help us grow and learn uplifting each other. Recognizing that we all make a difference no matter the skillset, focus and role we play. Our Whatu Ora team will be joining us more often as we shape the future of our Hauora hub

## Our food baskets support Tangihanga

Through out the month of March, Raahui Pookeka bade farewell to some iconic Pou whose lives and service exemplified decades of leadership and service within our marae, hapuu and hapori. Nana Pat Kingi, Uncle Major Tahapehi and Whaea Joanne Hughes, kia u toū moe, haere, haere, haere atu ra.

The maara kai team were ready to provide what we had to help feed the masses. Our food baskets of Riwai and Kumara were ready to heed the call and it's our honour as a community kai provider to whakamana in this way. It's why we do what we do.



**BLAIN BERRYMAN**  
- MAARA KAI LEAD



Just another day at the office for our Joe who takes the various tasks in his stride that crop up at our Maara. A jack of all, master of this and that kind of guy, his commitment to show up and just put out has been a blessing. Non complicated and tell it like it is is his mantra. Thanks Joe for all you continue to do.



Here's a few of our team invited to meet and greet other community groups who provide opportunity for community service. Facilitated and led out by the Huntly Corrections team, it was an insightful hui to gain understanding of how we can continue to play a part connecting and providing ongoing support and access to whanau looking at changing their lives.





# Pou Hauora



Poutūterangi, 2025



## He Piko he Taniwha, He Piko he Hauora

The Turangawaewae Regatta event provided the perfect platform for Tuuhono to highlight their commitment to improving Hauora for Raahui Pookeka with interactive activities and information, offering services that bridge the gap between isolation and access to medical care. The whanau attendees were impressed by the manaaki and awhi demonstrating the potential for Tuuhono's services to drive positive change in our rohe. This successful showcase not only increased awareness of Tuuhono's offerings but also underscored their role as a leader in community-driven designed model of care. Well done to all the team for your efforts and commitment to whakamanahia us on this day.

## Whats on the agenda?

LOOD PRESSURE  
HEALTH SCI  
ROUTE CHECKS

**OPEN  
SATURDAY  
CLINIC**

**9AM-1PM**

**TUUHONO  
HAUORA**

CALL 0800 8884666

2 BRIDGE STREET  
HUNTLY WEST  
RAAHUI POOKEKA

**Winter Wellness  
& Clothes Swap**

*On the West*

**Saturday 5 April 2025  
9.00am-1.00pm**

**Clothes Swap**

BRING YOUR ITEMS for a  
Winter clothes swap

**Health stalls**

- Winter tips
- Awhi Homes
- health&wellbeing Checks
- Health & Disease Prevention
- Immunity builders
- Soups
- BBQ
- Winter Kākahu

Winter brings sickness  
*We saw far too many Winter issues!*

**Bridge street, Huntly West**  
Do you want to build a warm snow man?



[www.matawhaaniuitrust.co.nz](http://www.matawhaaniuitrust.co.nz)



0800 888 466



2 Bridge Street, Huntly West



## PAPAKĀINGA - HOUSING SOLUTIONS



### Intergeneration leadership recognized in the Chatter

Our gratitude and thanks to the Chatter for their support in highlighting Matawhaenui Trust's work within the hapori.

### What is the Awhi Programme?

Matawhaenui Trust is one of four providers who delivers the AWHI programme across South Auckland and Waikato. AWHI is a free programme aimed at improving housing conditions for whānau across South Auckland and Waikato.

The focus of the AWHI initiative is to empower whānau by providing them with the skills, confidence, and knowledge to create homes that are healthy, safe, warm, and dry.

The AWHI team works closely with whānau to connect them with local services and community providers who can assist with a range of needs.

Support provided includes:

- Minor repairs
- Access to resources like bedding, curtains, and heaters
- Offering advice, guidance, and educational opportunities.



For further information, please call **0800 774 628** or email **papakāinga@mwat.co.nz**

Website:  
<https://matawhaenuitrust.co.nz/poutiaki-papakāinga/>



# POU TUPU - TE PUNA ORA



## STRATEGIC INNOVATION IN ACTION AT REGATTA

You don't have to ask Cuppa and the girls twice about holding space at the recent Regatta. As the pics show, they had ample whanau stop by, purchase and indulge in some herbal tea, sample and purchase products or take in a mirimiri. My favourite purchase is the healing copper band. As a headband or alternatively wrap where ever there is an ache - simply let it do its job.

## *Unleashing Hauora through Papatūānuku*



## PRODUCT PLACEMENT ON RISE

Te Puna Ora continue to expand their brand and presence simply by keeping in the local loop of what's going on. Ceasing this opportunity means that there are now 4 outlets ( and soon to be online) where natural remedial products can be purchased. Well done Te Puna Ora Team.





## Products for sale in Whare O

Next time you are in Te Whare Oranga Gym, take a moment to run your eyes over the latest products that will restore and rejuvenate the tinana and wairua. Helping the Te Puna Ora whanau with product development is Louilee Bohm- check her out in the next column.

## INTRODUCING OUR NEW TALENT TO MATAWHAANUI - LOUILEE BOHM - A QUICK INTERVIEW



Kia ora Louilee...nau mai haere mai ki Matawhaanui, otira Raahui Pookeka . Tēna koorero mai, he aha ngeetehi o ou pūkenga e ngakaunui ana e koe?

Louilee - I bring operational efficiencies and effectiveness to my role. Outside of my role, I specialize in strategic brand design.

1. Help businesses identify and define their brand fundamentals to clearly communicate to potential customers what and why they do it that way and how they intend to meet or exceed their expectations all while strategically distinguishing them from their competitors.
2. I build strategies that focus on the important tasks for growing and running a business.
3. I write and design impactful communications with clear messaging and visual appeal to well-defined target audiences.

### What else is on your radar while you're with us?

Louilee - Learn, Give, Grow

- Learn te reo Māori
- Grow Rongoā from seed to product
- Give new things a go.

### How has the move to Raahui Pookeka been for you?

Louilee - I've been craving country life for a while, so living in Raahui Pookeka is kaiaora! In keeping with my list of 3's here's what I'm loving.

- Love the big sky thinking
- Love the big hearts that drive that thinking
- Love the outcomes that arrive through collaboration.



# POU TUPU

## TANIWHA CART - TE WHARE ORANGA GYM



Poutūterangi, 2025



Meet Taylor ..a young woman with dreams of running her own business.

Helping our Rangatahi with opportunities to grow and get a taste of customer service, managing finance, stocktaking and all related aspects of small business enterprise is exactly what our Taniwha Cart is about.

When talking to Taylor Matenga, you'll get a good sense that she's on a mission to chase her own dreams of becoming a beautician. But she also understands that acquiring the fundamentals and work experience to run a small operation is a stepping stone she needs in order to move on her own dreams.

Proud of her whakapapa, and the mentors she acknowledges from schooling at Huntly West and later Te Kōpuku, she accredits their care and nurture along with whānau support to carve a brighter future for herself.

## Te Whare Oranga March update.

- 536 community members signed into our gym
- 150 new memberships

**OPEN HOURS**

MON - THURS	06:00 AM - 08:00 PM
FRI	06:00 AM - 07:00 PM
SAT	08:00 AM - 12:00 PM

**TE WHARE ORANGA GYM**

**JOIN NOW**

XTREME HIP HOP STEP  
BOXING CIRCUIT  
BODY BLAST  
CORE EXERCISES

**CONTACT US**

Te Whare Oranga Gym  
Tai 022 406 3800  
Tapu 021 025 62094

**Fees**

Monthly	\$20
Weekly	\$5
Casual	\$5
Age 60+ KOHA	

## Networking our connections



Te Whare Oranga Gym

Te Puna Ora



Matawhaanui Trust QR code

## SPACES, FACES AND PLACES

### ARCHITECTURAL DESIGN



### Bricks and Mortar Whawhaakia led

Whanau skills are building the future vision by instilling values, communication, and problem-solving abilities that go beyond the workplace.

Within our site, our kaimahi are learning project management components, current industry compliancy and standards all crucial for personal and professional growth.

These skills, along with a sense of responsibility, and giving back to community encourage family members to pursue their dreams confidently and achieve long-term goals such as Amber below whose goal is to build an all wahine building company. With our partners Te Whatu Ora and Te Wharekura o Rakaumanga, this realisation is a living testament of Whakapapa leading change and possibility.





## HAUORA HUB PROJECT - CTD



The following update is provided by Integration Project Manager Grant O'Brien, a trusted and long time confidante of Matawhaanui whose efforts and visionary thinking continue to be integral to our Hauora vision. E kore e mutu ngaa mihi for providing this latest paanui.

### **Nau Mai Haere Mai.**

Welcome to the latest edition of our stakeholder Panui for the Pookekatia Te Iwi Hauora Hub. We are excited to share that the Hauora Hub is progressing steadily. Construction and set-up are well underway, and the space is beginning to reflect the vision we have all worked toward, a welcoming, inclusive environment that supports wellbeing for staff, tangata whaiora and whaanau.

### **Collaboration at the Core**

Staff input has played a key role shaping both the design and function of the Hauora Hub. A huge thank you to everyone who has shared their ideas and feedback, your contributions have helped ensure the space will genuinely reflect the needs of our Pookekatia Te Iwi community.

### **What's Next?**

Steps Over the coming weeksthe project will shift from basebuild construction phase to the interior fit-out. This next stage includes the development of the clinical spaces, consultation suites, a whaanau room, a reception area, and welcoming waiting areas for tangata whaiora and whaanau (families and service users). Once compete, the Hauora Hub will serve as a dedicated space for our community to access a range of health and wellbeing services.

### **Cultural Design and Values**

The Hauora Hub is being designed with tikanga and te ao Maaori at its heart. The layout, design, and operating protocols all reflect a tangata whaiora and whaanau first approach and a strong commitment to Hauora (holistic wellbeing). This ensures the space feels safe and empowering for tangata whaiora and whaanau.

# Out and About



## SPACES, FACES AND PLACES



### Showcasing our Mahi at National Hapori Conference

At the beginning of March, a valuable platform to highlight our commitment to investing in youth development was held in Tauranga. This opportunity, extended by our partners at the Department of Internal Affairs (DIA), serves as a testament to the success of our initiatives and our dedication to nurturing future leaders. During the presentation, we were able to showcase our innovative programs and strategies that empower young individuals, equipping them with the skills and confidence needed to thrive in their communities and beyond. By sharing our experiences and achievements, we aim to inspire others to prioritize Rangatahi empowerment and contribute to building a brighter future for all.

### YOUTH RESILIENCE

[www.matawhaanui.org.nz](http://www.matawhaanui.org.nz)

Presented by: Leon Wharekura  
Ngāi Whānau - Whānau  
Ngāi Ruanui - Toranaki



Building on strong relationships for Matawhaani - Community Advisor Will Hawera from Te Tari Taiwhenua with Pat Nathan and Gina Paul.