# E-Paanui





Iti te Kupu , nui te Aroha

#### Raahui Pookeka -Our piece of Paradise



Looking back through childhood eyes growing up in Raahui Pookeka brings a smile to my face. For me and maybe you too, the vividness of memories still remain. Our town's uniqueness linked by bridges, the taiao where certain water holes were plentiful with eels and catfish, the many roto that would provide young inquisitive minds hours and years of playful adventures.

And then there was the safety and connection of a hāpori who worked together, grew together, socialised together. In summary, what a fantastic place Raahui Pookeka was to be born from, born of, born and bred.

At approximately 6.45 am around lake Hakanoa, I recently took these snapshots that capture the beauty of our takiwā. Also around 7.30-8pm on a clear night from Puketirini and Te Kauri overlooking lake Waahi, Ranginui really shows off his korowai of ārani, mawhero and karakaraka.

In amongst all the busy-ness, it's good to pause a moment to look up and look around and remind ourselves that paradise is right here. It always was and always will be. If only our eyes can see.

## **Back to Mahi**









It's wonderful to hear that the team is energized following a week of work development training. Such initiatives can profoundly impact team dynamics by reinforcing the organization's mission, vision, and core values. When team members feel a sense of belonging and empowerment, it fosters an environment where everyone is motivated to contribute their best efforts. This shared sense of purpose and alignment with organizational goals can lead to innovative solutions and exceptional outcomes.

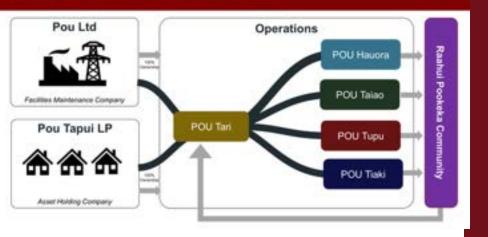








#### Matawhaanui Trust Profile



# Our training at a glance...

- Our whakapapa of Matawhaanui
- Te Tiriti o Waitangi
- To tātou Uara Our organisation values
- Our Organisational chart
- Defining our roles and responsibilities
- Mana motuhake
- Self sustainability
- Enterprise
- Our internal systems and processes
- Planning for 2025
- Workshops
- Assignments
- Presentations
- Community connection
- Stakeholders

# Pou Taiao - Enterprise

#### **ONCE WERE GARDENERS**



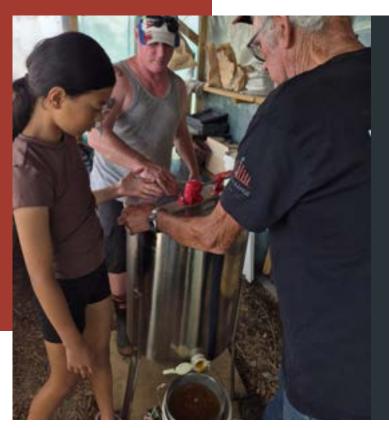




"Once Were Gardeners" is our upcoming documentary that delves into the rich history of our people whose lives are deeply entwined with the land they have nurtured for generations. This documentary will capture the essence of us who, through the story telling of maara kai, have not only cultivated our whenua but also cultivated resilience and a sense of identity. By weaving tikanga, whakapapa and Maramataka with modern techniques, the hapori is reclaiming its economic and social wellbeing. The documentary will showcase how we as kaitiaki are reviving traditional practices to sustainably grow food, thereby restoring a connection to our past while empowering future generations. Thank you to Black Iris Productions (Kathleen, Tipene, Tom and Cara) for helping us foster our self-sufficiency, community solidarity, and the transformative power

of reconnecting with the land.

Nana Kapo says ngaa mihi mo nga riwai



## As sweet as Honey

We've added beehives nd honey production in the Maara recently and already we have fresh honey for sale. Another enterprise we're growing alongside our expert bee-keeper. Even our mokopuna are getting in on the process which in-turn connects them to new learning.

**Innovative New Product** 

# Local solutions towards sustainable local economy

- Matawhaanui Trust is committed to giving back to the community. Our industrious Pam has partnered with other community advocates and businesses to create a distribution system of bringing kai into the community. This really reinforces the whakatauki of na tou rourou me tōku rourou, ka ora ai te iwi.
- The impact on households has been staggering upon whanau who are doing it hard in this cost of living crisis.
- Paula Graham from our Pou Tiaki team working alongside whanau in Kainga ora homes knows first hand the gratitude whanau hold when receiving kai packs. Well done team!

#### Matawhaanui acknowledges



Victoria Britton from Huntly Storage

Whaea Bea from Russel road Pataka

Tania Nepia from Cafe Love Whaea Pare and Huntly Pet-care shop .

## **Pou Taumata**

# Kaumatua Advisory Group



HUI- TUATAHI 2025





POU TAUMATA DATES

LAST WEDNESDAY OF THE MONTH

WED 29TH JAN

WED 26FEB

WED 26TH MAR

12PM - 2PM

SEMINAR ROOMS HUNTLY POWER SITE





## KAUMATUA ACTIVATION 2025







The vibrancy and enthusiasm of our kaumatua truly set a positive tone for our hui. It's heartening to hear that they have many ideas for planning the year, which shows their eagerness to stay engaged and active within the community. Sharing updates on ongoing projects likely added to their excitement. as staying informed can empower them to contribute more meaningfully. Encouraging their participation and valuing their input not only enriches the projects but also fosters a sense of belonging and purpose. This first hui seems to have been an excellent platform for building their hiki wairua and celebrating the wisdom and experience that the elderly bring to the table.

## POUA TE RAAHUI REPORTS



Matawhaanui Trust wishes to acknowledge our talented champions amongst us who supported the Roua te Raahui work we embarked on together. Without your skills and commitment, we couldn't have achieved the milestones we have. We acknowledge our partners DIA and TPK for their support



Amiria Mc Garvey

01



Taku Taiaoretanga - Dr Rangimarie Mahuta

02



# Pou Tupu - Enterprise

#### TANIWHA CART





#### New at the Taniwha Cart

- Chia seed breakfast bowls
- Cinnamon Rolls
- Protein Shakes
- Booster Spritz'
- Savoury scones

Opening hours Monday -Friday 8am onwards

Hands down Ramari Maipi holds some mana in her rohe as one of the best culinary talents in town. An avid foodie and generally an all round people person, word on the street is, if Ram's in the kitchen, people show up.

I've even heard the stories of people breaking their diets just to have a cheat treat if it's one of Rams delicacies.

When I sat with Ram, her view is 'It's not my dilemma about what you choose to put in your mouth – that's on you. I'm gonna keep doing me. I have enough variety here for the "health concious" peeps, but I'm not going to block my gift of baking the things I'm good at.

Ram plans to expand her menu soon into some lunch offerings so watch this space. A steady rise of customers continue to help Ram enterprise her space and hands down, her cafe options are the best on the west.

As you were Ram....





# Pou Tupu - Enterprise

# MATAWHAANUI

#### **TEPUNA ORA**

When sitting with Caprice and Brooke from Te Puna Ora – our Rongoa clinic, you get a good sense of the who they are and the drive they bring to their enterprise. Caprice with her holistic approach to oranga in general permeates that this is not a job, more a life purpose whose mantra remains that everything for our well being is in its natural form in our Taio. Brooke is that young inquisitive mind growing and developing her creativity into a pathway that makes sense to her, knowing that working in wairua is what makes this duo quite the force.



- 1. Te Puna Ora at the training week (first week in 2025) with other MWT kaimahi.
- 2. Te Puna Ora Caprice's videoshoot with BlackIris (MTV) for Once were Garderners documentary.
- 3. Te Puna Ora's products are now showcased at Cafe Love. Implemented their first part of "3/6/9/12" milestone.
- 4. Volunteering at Tainui Games with the Parakore team.



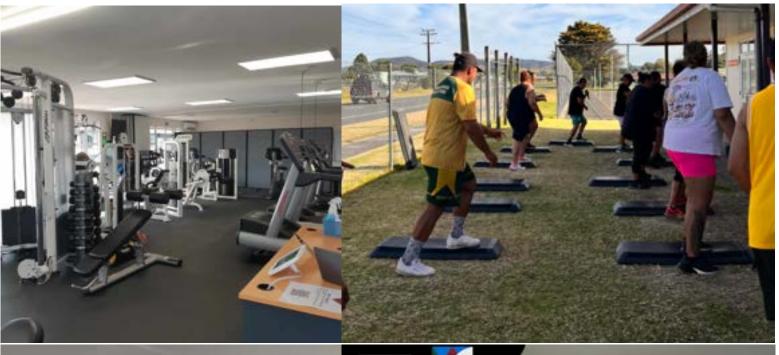


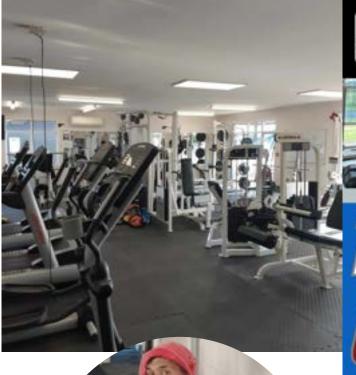


## Pou Hauora

# MATAWHAANUI

### A FRESH LOOK 4 WHARE O













#### FEB PROMOTIONS



Come in and check on YOU, bring your whānau along too and join in on the kemu our neehi & promo team have put together for you.



Book in for your FREE health Check! every Wednesday with the Tuuhono team 0800 888466

- Blood Pressure
- Blood test
- Koorero Kai pai, Nutrition
- Learn about your Manawa



Pépuere is all about our Manawa and as always Tuuhono Hauora are here for you!!! So in Pepuere you can expect to know more about your manawa.

- · Blood Pressure
- · Heart Health
- · Eating healthy
- Exercise
- · How to reduce your risk of a cardiovascular
- 2 Bridge Street, Huntly
- 0800 888 4 666
- tuuhono@mwt.co.nz



#### LET'S GET VACCINATED!

**GINGER & LEMON SHOTS!** KAI PAI OF DAILY HUA WHENUA

> WALK OR MOVE IT UP! **HEART HEALTH**





OOST IMMUN

Pookeka, Huntly 3700.

0800 888 4 666

2 Bridge street, Raahui

tuuhono@mwt.co.nz



2 Bridge Street, Raahui Pookeka 0800 8884666

### Pou Tiaki - Papakainga







#### **Our Partners**









#### For the love of Hapori

As we approached the end of a busy and productive year last year, we wanted to take a moment to reflect on all that we've achieved together and to express our deep appreciation for our LINZ and Kainga Ora whaanau. This year has been filled with both challenges and successes for some of our whaanau, and we wanted to take a moment to acknowledge and

appreciate the hard work and resilience shown by everyone. To show our gratitude, we decided to put together kai packs as a small token of thanks and appreciation. We hope these packs brought a little comfort and support to our whaanau. We look forward to continuing our work together, strengthening our whaanau, and building on all that we've accomplished.

A wealth of Housing knowledge

**PAT NATHAN** 

**Govt back to Community** 

Pat Nathan's return home marks a pivotal moment in addressing housing solutions for families, leveraging extensive knowledge across various government departments. With a seasoned understanding of the intricacies involved in implementing and constructing sustainable housing, Pat is well-equipped to navigate the complexities of local regulations, funding mechanisms, and community needs. Emphasizing a collaborative approach, Pat aims to work closely with stakeholders to ensure that housing solutions are not only affordable and accessible but also environmentally conscious and culturally sensitive. By focusing on innovative strategies and efficient resource allocation. Pat is poised to make a significant impact on improving living conditions and fostering community resilience.



# According to Pat.....

successful housing development strategy for Raahui Pookeka must encompass several key components to truly uplift living standards and foster community wellbeing. Firstly, thoughtful design and meticulous planning are foundational; ensure that the infrastructure and housing solutions are sustainable, attainable and affordable. With Matawhaanui Trust as a Community Housing Provider , we can unlock further potential and raise the standard of living for all.

# Pou Tupu-Projects Update





## Reclaiming spaces

Many of us would remember entering this building as a child taking your bank book and banking your small fortune of \$1 into your savings account. Some of our Aunties worked in there under that roof when it was known as the Post office.

Needless to say, the wheels are in motion for more than just the vision above but an entire reclamation of visionary thinking for the community





# HAUORA HUB DEVELOPMENT



### Home to complete the work

It's great to have the Tarawhiti whanau across the building site. Leader builder Hokio Tarawhiti, along with his daughter Amber, sons in law Josh and Trent and nephew Zane are keeping the work schedule moving to meet opening dates set for June





# A call for skilled builders

Matawhaanui are looking for some local talented builders. If you have experience working on building sites before and are interested in helping the team, please come down and see us and have a koorero. Ask for Gina Paul our HR Manager.