

HE PAANUI

WEDNESDAY 26TH JULY

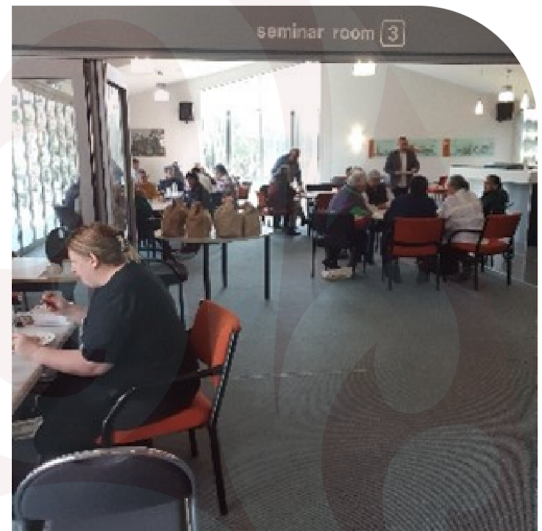
KAAHUI KAUMATUA HUI

Matawhaanui ki te haere tū mai ana i te tuatoru o ngā Pou Taumata - Kaahui Kaumatua hui i te Rāapa 26 o Hōngongoi. Kātahi ake i ngā hui e rua i mua, he whakapāhoa te whakakotahi i te whāinga o te whakapakari i te ao ā mua mō ō tātou tamariki me ō tātou hapori.

Ko ngā whakapāhotanga matua o te rā i tohungia ki te whakaurunga ki ngā ratonga, ki te whakatika i ngā whakakenga hauora, me te whakarite i te mahi e mahia ana e Matawhaanui i tēnei wā ki runga i ā mātou kaupapa rerekē.

Matawhaanui held its third Pou Taumata-Kaahui Kaumatua hui held on Wednesday 26th July. As with the previous two hui held, it's always a pleasure to come together unified in the purpose of creating a better future for our children and our community.

The main messages of the day were focused on access to services, addressing health barriers, and generally sharing the work that Matawhaanui are currently undertaking with our various projects. Our Kaumatua hui will continue to be held at the Huntly Power Station seminar rooms on the last Wednesday of each month. Invitation is open to all kaumatua to attend. Our next hui will be held on Wednesday 30th August 12pm at the Huntly Power station. Nau mai haere mai.



FRIDAY 28TH JULY

RESUSCITATION TO SAVE LIVES

Matauranga is key, particularly in moments of critical emergencies where our lives are at stake. Our Matawhaanui team recognized this and actively engaged in a Level 4 resuscitation course. This dedication to learning equips us with the skills needed to make a difference when every second counts. During our training, the instructor effectively passed on Matauranga by employing both infant and adult mannequins, imparting essential techniques to enhance our preparedness and response capabilities.

*Tuuhono,
Whare
Oranga,
Taari o
Matawhaa
nui Staff*

For those interested in empowering yourself by accessing an upcoming course, we highly recommend Triple one care. You can reach them on 0800 487 475 or go to their website www.tripleonecare.nz

TUESDAY 1ST AUGUST

INTRODUCING OUR NEW MEDICAL WHANAU TO THE COMMUNITY

Matawhaanui takes great pride in extending a warm welcome to three new members joining our Hauora whanau at Tuuhono.

Herrick Ting (Sibu -Malaysia) Tevita Lalabalavu (Taveuni-Fiji) bring a wealth of specialised trained knowledge as medical trained Doctors (Cuba -7yrs) while Ruth Lalabalavu (also Taveuni -Fiji) has been a practising nurse in Fiji for over 10 years.

We discovered numerous connections that resonated with our mission and vision. Prominently featured were community engagement, health education, and a preventive approach incorporating holistic and cultural remedies among our shared values. Their expertise within their own communities turned out to be mutually beneficial for both Matawhaanui and the Raahui Pookeka community. If you happen to come across them in your interactions, don't hesitate to introduce yourself and have a koorero.



*Left:
Tevita,
Ruth,
Herrick*

WEDNESDAY 2ND AUGUST

MATAWHAANUI TRUST HOSTS THE RAAHUI POOKEKA HUNTLY AND ENVIRONS PRIORITY DEVELOPMENT AREA WORKING GROUP

Gaining insight into the future of Raahui Pookeka and the neighbouring regions holds significant importance to Mana whenua within our community. Hence, guided by the principles of Manaakitanga and kaitiakitanga, Matawhaanui Trust welcomed local and regional government agencies to collaborate in comprehending the future-oriented investments for Raahui Pookeka.

A total of 14 organizations participated in an environmental bus tour, fostering insight, collaborative information exchange, and meaningful conversations under the theme of Priority Development for both Raahui Pookeka and its surrounding region.

Thank you to all who continue to be on the bus with us.

Kainga Ora, Waikato District Council, Waikato regional Council, Kiwirail, NZTA, Ministry of Education, Ministry of Social Development, Te Puni Kokiri (Ministry of Maori Development), Whatu Ora (Health New Zealand) , Nga Muka, Waahi Whanui Trust, Genesis Energy, Pou Ltd, Te Paa Construction,

FRIDAY 4TH AUGUST

IMPLEMENTING WHANAUNGATANGA TO NAVIGATE NEW HORIZONS FOR IMPROVED HEALTH OUTCOMES

Envisioning a healthier future for our communities echoed as the core theme of our gathering on Friday, August 4th. Matawhaanui Trust, together with our whanaunga from Te Puaha and Whaingaroa, seized the occasion to delve into concepts and insights acquired during the Covid lockdown period.

Sharing our knowledge and experiences through wananga is an inherent practice among Maori health practitioners within our Rohe. The notion of uniting our aspirations to bring about positive transformation for our mokopuna, tamariki, and kaumatua aligns seamlessly with Te Puea's vision, turning it into a tangible reality. **“Mahia te mahi hei painga mo te iwi”**



WHAT IS HAPPENING WITH TUUHONO HAUORA

Tuuhono Hauora consistently expands its vision and offerings by demonstrating innovation and creativity within our community. As we are aware, the most valuable (even if candid) feedback often originates from our own whanau and we welcome all whakaaro. These discussions have been overwhelmingly positive, reflecting the positive impact of these efforts.

To name a few, these include.

- Providing outreach services to rural whanau.
- Access to medical services when other clinics have closed their business hours.
- Providing immediate access to virtual a Doctor consultation when struggling to get an appointment.
- All immunization, vaccinations, and vital health checks
- Rangatahi youth support group.
- Free counselling services
- The “no appointment necessary” approach to dealing with health issues.

Opening Hours

Monday – Thursday 11am- 7pm

Friday – 9.00am – 5.00pm

Saturday – 9.00am – 2.00pm

For further information call the clinic on 0800Tuuhono or visit our website.

<https://matawhaanuitrust.co.nz/te-whare-tuuhono/>

EVERY WAHINE GETS A FREE SYM/FAONGA
#SwearYourMoa
MANA WAHINE WELLNESS WENEREI
DON'T KEEP TELLING US YOU'RE DUE
*BOOK & GET CHECKED *BRING THE GALS* OR WE WILL COME 2 YOU *YOUR HEALTH IS IMPORTANT TO OUR WHAKAPAPA

4.00PM - 7.00PM

EVERY Wednesday
WEDNESDAY JULY AUG SEPT

GET YOUR CERVICAL SMEAR CHECK ◦
CHECK & STOCK CONTRACEPTION ◻
GET YOUR BLOOD PRESSURE CHECKED ◦
ALL VACCINATION STATUS CHECKS ◦
HPV VAX AVAILABLE FOR < 26YQ ◻
* NIBBLES & DRINKS *

2 BRIDGE STREET
RAAHUI POOKEKA HUNTLY
0800-8884666

STREP THROAT
ANTIBIOTICS
PREVENTS RHEUMATIC FEVER

Make sure your child takes their full 10 days of antibiotics.

MINISTRY OF HEALTH
STOP SORE THROATS HURTING HEARTS
Preventing Rheumatic Fever

Youth MIGHTY8s
Rangatahi meet ups

A colab of young people who want to connect in Raahui Pookeka - Huntly

Te Whare Oranga - Harris Street
Every Thursday 4.30-6.30pm

TUUHONO HAUORA
08008884666

CAYAD