



E - Paanui / Here-turi-kōkā 2024



Iti te Kupu , nui te aroha....

Lời chào từ Việt Nam - Kia ora from Vietnam

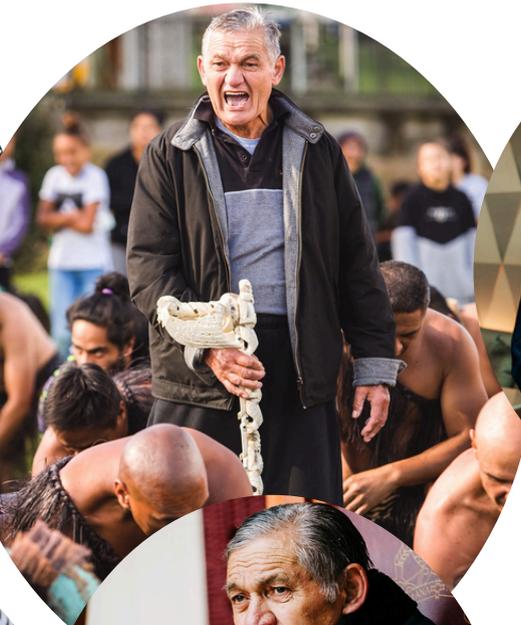
Growing up in Raahui Pookeka, many would agree that our community grew many leaders . From those that have passed to those that are still with us, their legacy and determination shaped our worldview and set us on a course to fulfilling the dreams they envisioned for our future and generations to come. I spotted a sign above a coffee shop on my travels that read “ Our future is in our past and our past is in our future” This statement will resonate as we tramp in the footprints that those leaders left behind. Koroneihana is but one example of leadership in action every year. It’s in our blood and we were raised in its entire ecosystem across all roles and jobs to do. from waitressing in Kimiora, Uncle Dave and Uncle Andrew ushering, Uncle Taka Raihe and the cuddies in Rourou iti, whanau in Turongo, and even the odd gigs that I’ve performed or coordinated over the years, the week long commitment is a testament to our whakapapa and whakapono. It was also a breeding ground for learning new skills, developing our character, building connections, and strengthening our allegiance to the kaupapa. To my knowledge, only a few people in Raahui Pookeka hold a Ph-D in Rewana bread. You get my point. Leadership comes in many forms - “ better to have nothing than to be nothing” as one past leader (Uncle Bubs Mahuta) had said.

Here at Matawhaanui trust, it’s those same values underpinning all that we do. We beaver away at creating a better tomorrow while doing it in remembrance of those leaders, our parents, grand parents, aunties and uncles whose guidance, example, and nurture paved the way for us.

It is now incumbent on us to take the baton and run the good race.

In closing - At the time I was writing this, our King was still with us. His picture was always going to be featured at the top of this paanui. And now he has joined the great multitude of leaders in te ao wairua. Admst the many tributes that have been expressed over the last days, I'll simply say , “kei tātou Kiingi, te Kiingi o te kōtahitanga, haere atu ra ki ou mātua tupuna..You encouraged us to just be Maori, all day every day. Your leadership of unity, to stay tika and pono, vigilant and focused in these trying times will ripple for years to come. oki oki atu, paimarire.”

“He waka eke noa tātou” and in doing so - know that our tuupuna above us, highly approve as we move forward together.



TUUHONO HAUORA

He Honore he Kororia ki te Atua, he maungarongo ki te matua o te Whenua, he whakaaropai ki ngaa tangata katoa, Haumi ee, hui ee, Taiki ee.

Kia ora taatou e te whaanau. As we navigate this week please be aware of the Tuuhono Clinic open and close times.

Tuuhono is committed to ensuring your health & wellbeing as registered Whaanau and those whaanau who are needing unmet Hauora needs gets support.

For alternative support please also access our recommended supports

- KaOra online 08002KAORA

- 0800Healthline

02/09/24

We extend today our absolute humble gratitude to Ian McMichael and the strive of dedication to the best of Raahui Pookeka - Huntly West.

Ian is an absolute diamond and director for Tuuhono Hauora and the committment our Kaupapa together strives towards serving our people.

“ As we commemorate 20 years of Huntly West Pharmacy's service, we reflect on our journey since 2004. We've been privileged to nurture the well-being of our community, serving generations of whānau with compassion and care.

Today, we close this chapter, entrusting the keys to new ownership, and embracing the promise of new beginnings” - HWP team

I runga i te ringa o te Atua, Kia kaha Kia toa kia manwanui



The poster features the Tuuhono Hauora logo at the top, with a blue bird icon in the 'O' of 'HONO'. Below the logo, the text reads 'NGAA RAA O TE WIKI NEI OPEN CLINIC DAYS THIS WEEK'. The clinic hours are listed in a table format, with some days marked as closed. The background is a light pink color with green foliage at the top and bottom.

NGAA RAA O TE WIKI NEI OPEN CLINIC DAYS THIS WEEK	
Raahina-Monday 2/09	2.00pm - 5.00pm
Raatuu-Tuesday 3/09	10.00am-6.00pm
Raa Apaa-Wednesday 4/09	2.00pm-5.00pm
Raapare-Thursday	KUA KATI-CLOSED
Raamere-Friday 5/09	9.00am - 5.00pm
Raahoroi-Saturday 6/09	9.00am - 1.00pm
Raatapu-Sunday	KUA KATI

At the bottom of the poster, there is a quote in Maori: 'AMOHIA AKE TE ORA O TE IWI KA PUTA KI TE WHEIAO'.



Kaahui Tuuwaa – Maara Kai



Joe and Pam



Maara Updates

The rotary hoeing done on the big potatoes and kumara beds had first plough two weeks ago and expected to do another rotary hoe in a week or two just before planting of kumara and potatoes so soil testing has been done on all three gardens to see if soil is lacking nutrients or anything else we might have to give soil before planting.

Right now we have purple kale, kapi kapi, spring onions, t brown onion, garlic, silverbeet, puha and alot of, some herbs, and flowers

of all sorts to get bees to pollinate do their magic. Poipoia te kakano, Kia puawai Ma te wa



Maara news ctd...Poipoia te kākano kia puawai



Educating our Tamariki about Parakore

On the 5th of August, Tamariki from surrounding kura took the opportunity to learn about our implemented Māra Parakore system. We educate and advocate from a Māori worldview for zero carbon, zero waste whānau, hapū, iwi and hapori Māori.

Para Kore supports resilience within Māori communities through mātauranga Māori. We at Matawhaanui believe an investment into our tamariki now ensures that future generations will be equipped to be good kaitiaki of our taiao in the future.



POUA TE RAAHUI - OUR WELLBEING STRATEGY



Whanau
Resilience

Toi Tupu

Wahine
Leadership

Toi Ora

Rangatahi
Leadership

Toi Whanake

Succession
Pathways

Toi Owaha



Investing in Rangatahi- Toi Tupu

A small group of rangatahi is engaging in a series of waananga designed to cultivate their skills, experience, and expertise. This initiative aims to empower rangatahi to make informed decisions and support their long-term aspirations within Raahui Pookeka.

The waananga have covered

- **Whakawhanaungatanga:** Building strong relationships and connections within the community.
- **Introduction to Local Voice:** Learning from Māori Wards Councilor Paniora Matatahi-Poutapu about the importance of contributing to the marae and how it enhances local decision-making processes.
- **Toi Māori and Creative Enterprise:** Exploring opportunities in creative fields and pathways to becoming a sole trader.
- **Roles and Contributions at Koroneihana:** Analyzing video footage to understand our involvement and impact.

Through these waananga, our goal is not only to foster rangatahi leadership but also to gather valuable insights for developing a rangatahi strategy. This strategy will create and support local opportunities and pathways, driven by rangatahi and tailored to their needs and aspirations.

Poua te Raahui - toi ora

Hautapu Ki Raahui Pookeka



Me ko tio huka ki te whenua, me ko maaeke ki te hau, me ko uri ki te rangi, teenaa anoo ko Matariki e whakairi nei i ngaa tohu o te mate ki te uma nui o rangiaatea, e kawea atu raatou hei ngao whakaraakei i te aroaro roa o rangituamahara. E iri, e iri, e iri raa.

Koinei anoo ko te whakahounga o te aro o te hunga ora ki ngaa pae tawhiti e whakahuihui nei, e aati nei i a taatou ki ngaa hua ora o te anga whakamua, otiraa o te tau hou. E iri, e iri, e iri raa.

Ki te taha ki te kaupapa nei i kawea raa e maatou hei hui whakakotahi mai i ngaa uri o Raahui Pookeka, teenei ngaa takinga kupu te hora ake nei.

Tuatahi raa i ea pai te kaupapa aa haumarutanga, aa whakaeanga, aa kawenga anoo hoki, e whai waahi atu ai ngaa iwi o te takiwaa ki te whaatorotoro, ki te raawekeweke, ki te wherawhera i ngaa kawa me ngaa tikanga o teenei taaonga te Hautapu.

Tutuki pai ai te nuinga o ngaa mahi e kiia ai, kei reira te tuaapapa hei takahi anga whakamua atu nei maa ngaa hunga ka whai mai, hei te aanamata nei.

He whakatutukihanga waananga e whai waahi ai ngaa uri ake o te takiwaa ki te ako i ngaa toi e haangai puu ana ki teenei momo tikanga, e matua whai tuuranga ai raatou ki ngaa papatuunga o teenei kaupapa anga whakateapoopoo nei.

Kia taapiri ki teenei, kua whai hononga atu ki ngaa hunga kaunihera e kite ai raatou i ngaa aaheinga, i ngaa tarekahanga o teenei haapori kia whakatu, kia kawea anoo hoki i teenei momo hei kaupapa whakaoraora, whakakao mai i ngaa hapori o Raahui Pookeka.

Kia oti ake, he pihinga teenei ki ngaa momo hui maaori e whakatuuhono mai i ngaa iwi kee, i ngaa hapori kee, i ngaa paakihi kee e timotimo ai raatou i ngaa hua ora o te ao maaori.

Me he waahi hei whakapakari tonu, teenaa, kaare e kore, ko te taha ki te whakatootoo mai i te tangata, ko te whakatootoo mai i ngaa hunga iwi kee, i ngaa hunga tauhou, otiraa i ngaa hunga kei kore pea e whai waahi mai ki ngaa kawenga, ki ngaa tikanga o te ao Maaori. He paanga nui pea noo te mauiuitanga, anoo hoki ko ngaa toimahatanga i taka mai ki te hunga whakaritea maana teenei kawenga e piikau. Mahue taahanga mai te kaupapa i ngaa tuuaahua me ngaa pokenga i taka mai ki a ia, naa konei, i matua mahue peenei mai ngaa nama o te kaupapa.

Ko taaku atu ki a koe e te hunga kaipaanui, teenaa kia nui tonu too whai whakaaro mai ki ngaa kaupapa maaori nei, e whai waahi tonu ai ngaa uri o te hapori nei kia tomo ki ngaa kaupapa aa iwi, ki ngaa kaupapa taketake ake o teenei takiwaa, e tupu ai te manawa popore, e tupu ai te ngaakau nui, e tupu ai te haukaaingatanga o ngaa uri o teenei takiwaa. Maau, maaku, maa taatou

Poua Te Raahui -Toi owha

Sharing local Hauora design to a global health community



A delegation comprising health professionals, governance experts, Maaori-owned enterprises, community housing practitioners, and local government representatives engaged with Waianae Coast Comprehensive Health Care in Hawaii and Southcentral Foundation in Alaska. The objective to experience and explore models of care with the intention to integrate and apply learnings into practical use.

DELEGATION TESTIMONIES:

"If the people receiving the health service are involved in decision making processes, they will start to own their own healthcare programmes" this we know. But hardly practice it - or often do it once & don't keep consistent with how we listen to our whaanau. Asking the question - how are we in relationship with our community?"

"Grass rooted services in Aotearoa are focused on the people but dictated by contractual obligations which creates a silo of approaches"

"They have been facing a lot of the same social imbalances that we have here in Raahui Pookeka and seem to be clawing back those inequalities by putting the people and their needs first."

KEY LEARNINGS:

As health experts and practitioners, we possess the cultural competency essential for effectively addressing the unique needs of our communities. Our understanding of cultural nuances enables us to provide tailored, respectful, and relevant care. However, to truly fulfill our mission and deliver impactful services at scale, we face significant challenges due to a lack of resources and investment.

Whare Oranga

Te taha tinana



Tai-ing up the business with Taitimu

Bernard Ferguson kura teachers are on a Hauora journey and have asked Tai to be apart of their journey by taking them through my step classes. In addition to that commitment, he is teaching the community the hip hop set moves towards his one year instructor mark and will be holding a step-anniversary in the new year.





PAULA GRAHAM – TEAM LEADER



Kāinga Ora

Homes and Communities



MATAWHAANUI

Trust



Our commitment to community

- To provide a mana whenua 4 mana whenua approach in taking care of our people in Raahui Pookeka
- To ensure that our whanau have a voice when it comes to warmer and safer homes through property maintenance.
- To connect our whanau to social services to engage and receive better treatment of their needs
- To address their maintenance needs are being heard in a timely manner.
- To work with our partners at Kainga Ora for mutual benefits and outcomes for whanau.

A new way forward

On the 2nd August, Kainga Ora and Matawhaani trust signed a Memorandum of Understanding. A partnership and commitment to improving the lives of whanau living in Kainga Ora homes. Tenants and stakeholders gathered at Waahi Pa to initiate this agreement

New Partnerships Formed

Matawhaanui take Kaumatua and mokopuna to the movies



POU TAUMATA

KAUMATUA ADVISORY - THIS MONTH SORTING OUR LEGAL MATTERS

Recently our kaumaatua had voiced their desire to put their legal affairs in order.

We understand that trying to navigate these various laws and processes can become very overwhelming and hard to understand. Getting the professionals in to unpack these complexities in a language we can all understand proved to attract a large crowd on the day.

Main topic of the day was understanding what it means to have an ending power of attorney. Many shared that when legislation and laws are changed, this creates a grey area of concern around settling estates, wills an succession to lands and shares.

We want to thank the community law center for supporting our Kaaumatua to ask the hard questions.



Matawhaani Trust Presents

Pou Taumata

Guest Speaker:

COMMUNITY LAW CENTRE,
"ENDURING POWER OF
ATTORNEY" (EPOA)

📅 28 AUG, 2024 (WED) 🕒 12:00PM - 2:00PM

✓ Kai Available

✓ Giveaways

KUMARA VINE - PITO PITO KOORERO

Matawhaanui to host Health Minister

Due to our uniqueness of delivering community designed health services, word made it all the way to Wellington of what we are doing and how we are doing it. This has sparked the interest right to the top. Matawhaanui were due to host Hon. Minister Shane Reti on the 4th September. Out of respect to our King, Matawhaanui have re-scheduled this visit to a later date. The good news is that Tuuhono Hauora are now on the radar of the health minister.



Hauora Hub Update

Recently Matawhaanui management and Te Whatu Ora converged to discuss how our new Haoura hub can reflect aspects of our identity and culture within the architecture and design of our new Hauora hub. Our plan to make this new structure reflect us was heard meaning we hold the creative rights on how whanau will experience manaakitanga and awhi. Ideas such as taniko and tuku tuku, colour pallets, and art-work provided by Te Wharekura o Rakaumanga will adorn the whare representing our whakapapa, Te Kiingitanga, tō tātou taiao.

