

# E- Paanui

Hui- tangaru 2025

Pou Tiaki  
Pou Tupu  
Pou Taias  
Pou Hauora



## KO TE KAURI MARAE...E NGUNGŪRU NEI

WWW.MATAWHAANUITRUST.CO.NZ

Te Kauri Marae's historic victory at the Tainui Games marks a momentous achievement, celebrated with immense pride and joy. For the first time, they have clinched the top spot, a testament to the dedication, skill, and spirit of the Marae. This triumph is more than just a win; it's a beacon of inspiration for the next generation, illustrating the power of unity and perseverance. The celebrations at the marae were vibrant and heartfelt, with Kaumatua Rangatahi and Mokopuna alike coming together to honor their shared success. The victory not only boosts morale but also strengthens cultural bonds, encouraging young reanga to embrace their heritage and strive for excellence in all their endeavors. As the marae reflects on this milestone, they look forward to future challenges with renewed vigor and confidence, knowing that they stand on the shoulders of giants. Ka rawe whaanau!



### In this E-Paanui

- Latest news from our Pou Projects
- Update on our Hauora Hub Build
- Out and About

### Add to your calendar:

1. Turangawaewae Regatta – Rāhoroi  
22 Pōutu-te-rangi
2. Turangawaewae Poukai – Rāapa 18th  
Pōutu-te-rangi
3. Pou Tamata/ Kaumatua Hui – Rāapa  
26 Pōutu-te-rangi



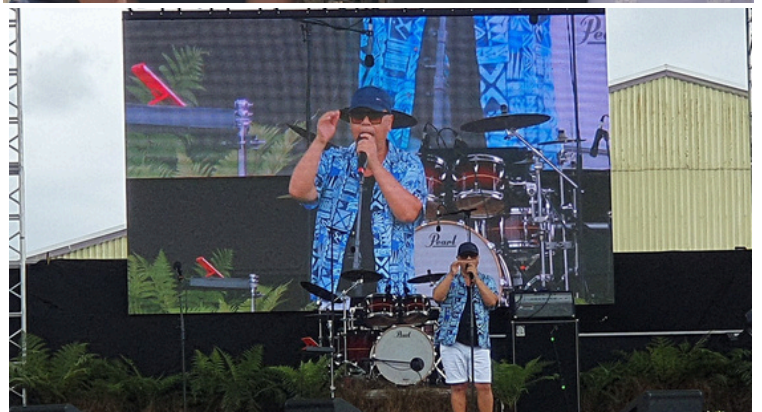


## OUR RANGATAHI PERFORMING WITH THE BEST

The Matatini stage, renowned for showcasing the vibrant culture and artistry of kapa haka, was graced by the extraordinary talents of our local Rangatahi, Te Kura and Paimarie Maipi. Pictured with their siblings, Hana and Raukura, they captured the moment bringing immense pride to their whanau and our MWT whānau. Hana, serving as our local Te Paati Maori MP, exemplifies leadership and cultural advocacy, while her younger sister Raukura captivates audiences with her graceful performances when she stands for Te Wharekura o Rakaumanga. Together, they all embody the spirit of resilience inspiring a new generation to embrace their whakapapa and contribute to the rich tapestry of our hau kainga

## Matawhaanui across the Tainui Games

From Tai winning the table tennis, Caprice sharing with the wider team the true meaning of Parakore, to Joyce holding down the Te Ohaaki marquee ensuring hungry mouths were fed, even Herrick's Aunty Pat Nathan taking to the netball courts for Kaitumutumu, Matawhaanui were all over the place. Ka Rawe team!



Above, Caprice and Myrtle helping Te Kauri secure the win through Parakore team. Above Right, Gina, and General Manager, Joyce Maipi catch up with Te Kauri Trustee Jason Berryman. Middle and Right. Leon and Gina sing some blasts from the past.



# POU TAI AO



## CAPTURING THE DATA



## Quantifying more than hours of work

Our garden team is doing great with our Riwai and Kumara harvests! Switching to a digital system for tracking market values is a smart move that will streamline operations. With Herrick, our Data management lead's guidance, the team are efficiently managing and analyzing our harvest data, leading to better market analysis and distribution decisions. Embracing digital tools now can enhance workflows and boost a sustainable model of serving the community while focusing on maintaining enterprise for upkeep and supply. Keep up the excellent work team







## Kumara Harvest coming

Our Kumara rows are thriving and it looks like we're in for an abundant harvest soon. Always good to check a few and serve them up, which is exactly what we did at a recent community hui.



## Captruing the seasons

WE ABSOLUTELY LOVED WORKING WITH THIS CLIENT!

2 months ago our Maara started to produce Kamokamo and other varieties just as the picture above captured.

These yields were met with great anticipation as most of us were drooling for the sweet taste of Kamokamo and dollops of butter in our mouths. Needless to say, they started to fly out of the Maara and went into the homes of many whanau and the various marae.

Now we are moving into Kumara focus. Riwai has also been abundant and our storage spaces are laden as well as rows remain in the ground for harvest.

In addition, our planter boxes remain full with a number of greens and other varieties. Come on down and see for yourself. Your hands and company are welcome.



## Let's work together

SOURCING THE TALENTS OF PROFESSIONAL GROWERS

Cousins Jason Berryman and Tania Nepia size up the scope of crops grown in a commercial level in Pukekohe recently. The aim being to bring home the innovation and insights to help Raahui Pookeka maara kai thrive.



## LATEST FROM POU TIAKI - HOUSING TEAM

### GIVING BACK



*Aunt Paula took the opportunity to give back recently to a community champion who happens to just show up in our gardens on a regular basis. When asked, Piripi shared there is something about offering your hands for a good cause and the soil gives back to him in many ways. Avid gardeners would understand this concept.*

### TEAM UPDATE

*February proved to be an exceptionally busy and productive month for the Papakainga team. In addition to the successful relocation to our new temporary office space, we actively participated in the Waikato Housing Networking Hui, where we engaged in valuable discussions and collaborations with housing professionals and stakeholders. Furthermore, we had the privilege of once again being part of the Strengthening Families Hui, where we worked alongside service providers from Raahui Pookeka and our whaanau from Kainga Ora. These engagements have enabled us to continue strengthening our relationships within the community and ensure the ongoing support and well-being of our whaanau.*



### A WHI ATU, A WHI MAI

*Kai packs continue to alleviate the costs of living. It truly is a team effort with other locals bringing their collective efforts together. For us, it's about ensuring our Maara Kai can sustain as a food source that can continually provide no matter the season and contributing to the collective.*



# POU TUPU/ TAIAO



## Te Puna Ora

*In a show of unity and shared purpose, a group of cuzzies, interwoven across various community organizations, came together driven by their mutual passion for cultivating vegetables. Their collective commitment to self-sustainability not only strengthens their bonds but also empowers them to help families combat the rising tide of high food costs. By pooling their resources and expertise, they aim to foster a resilient network that champions environmental stewardship and food security for all.*

## BOOSTED INTEREST IN PRODUCTS

*Products sales have been growing from Cafe Luv on Main Street - Raahui Pookeka. Personal testimonies have been flooding in around the benefits customers are feeling from Cuprice's product range. Well done Cuprice. The world is your RONGOA.*



## FAREWELL TO BROOKE

The team gathered to bid farewell to one of our brightest youth leaders, the atmosphere was a mix of joy and nostalgia. Heartfelt speeches filled the room, sharing fond memories and gratitude for her positivity. The scent of delicious food added warmth as everyone celebrated her achievements and wished her well. A parting gift symbolized her lasting impact on our lives. Though she embarks on a new journey, she will always have a place with us.







A STACKED MONTH OF PROMOTING WELLNESS IN RAAHUI POOKEKA

**Manawa Health Month**

Pēpuere is all about our Mānawa and as always Tuuhono Hauora are here for you!!! So in Pēpuere you can expect to know more about your mānawa.

- Blood Pressure
- Heart Health
- Eating healthy
- Exercise
- How to reduce your risk of a cardiovascular condition

2 Bridge Street, Huntly  
0800 888 4 666  
tuuhono@mwt.co.nz

### HOT TOPICS DURING FEB

- ☑ Loads of community engagement across our various promotions.
- ☑ Continue to be a vital after hours service when other local GP services are closed.
- ☑ 600 whanau are now registered at Tuuhono Hauora. This enables whaanau access to our team on a koha basis.
- ☑ Staff training and development is taken up by all our team . When we are growing , our whaanau will reap the benefits.



**It's not too late to get up to date**

Immunisation is **FREE** for tamariki and hapū māmā. If you need help booking yours, call and we can come to you  
027 772 6843 OR 0800 TUUHONO

**STREP THROAT**

**ANTIBIOTICS**

**PREVENTS RHEUMATIC FEVER**

Make sure your child takes their full 10 days of antibiotics.

MINISTRY OF HEALTH  
STOP SORE THROAT HURTING HEART  
Preventing Rheumatic Fever

**TUUHONO HAUORA**

**TUUHONO HAUORA OPEN FOR ENROLMENTS**

0800 8884666





# Te Whare Oranga gym

## HUI-TĀNGARU ( FEBRUARY) HIGHLIGHTS

- ☑ Gym memberships have increased in the month of February also just as they did in January. Investing in the gym has been a positive as more numbers steadily increase.
- ☑ A special mention to our volunteers Chandell Solberg and newly joined Rangimarie Whare. From the feedback received, your enthusiasm and support has also contributed to some new faces in the gym.
- ☑ X treme hip-hop classes continue on Monday and Wednesday evenings starting at 6pm. For members the classes are free otherwise for \$5 per casual visit, it's a small investment on your health to burn off those cal's.



**OPEN HOURS**

**MON - FRI** 06.00 AM - 08.00 PM

**SAT** 08.00 AM - 12.00 PM

**TE WHARE ORANGA GYM**

**JOIN NOW**

- XTREME HIP HOP STEP
- BOXING CIRCUIT
- BODY BLAST
- CORE EXERCISES

**CONTACT US**

Te Whare Oranga Gym  
Tai 022 406 3800

**Fees**

- Monthly \$20
- Weekly \$5

## Improved gym sign in

The accuracy of keeping track of numbers who enter the gym is having a positive impact on the running of our gym. New members are telling us it's a step towards feeling like an up-to date facility and they can also keep record of their visits over the month to keep track of their fitness commitments. From a business lens, it helps us grow as a self sustaining local gym that puts our whanau first before even thinking about profit. Tai tells me our biggest increase for age demographics has been in the 30-50 yr old age bracket.

### GYM HOURS

Mon- Thus - 6am -8pm  
 Fridays - 6am - 7pm  
 Saturdays - 8am -12pm  
 Sundays - closed



# HAUORA HUB



Getting the foundations of the new deck sorted.

The project is progressing well, with tasks being executed in the planned sequence. Gina's emphasis on timing and accuracy highlights the importance of staying on track and ensuring that every detail aligns with the master plan. Coordination is key to ensuring that each job is completed accurately and efficiently. Meanwhile, Mike and Zane are reflecting on their outcomes, indicating a commitment to quality and continuous improvement. Their passion for involving local expertise underscores the value they place on community knowledge and skills, which can be instrumental in achieving the project's goals. This approach not only bolsters the project's success but also fosters a sense of collaboration and support within the community. Welcome on board Mike.

## Small Business Success Stories

