# **E- PAANUI**

#### **POUTUTERANGI - 2024** MARCH



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### Kaumatua Kaha shaping our future

Our monthly Kaumatua gatherings have kicked-started once again ensuring that we maintain connection and advisory amongst our well loved seniors. Even our eldest attendees, some approaching their mid eighties continue to attend and participate in discussions that matter to them and the future of our mokopuna. Te Whare Oranga - our only FREE community gym in Raahui Pookeka is bursting with record numbers.

Gym instructors Tai Maipi and Tapu Heta have really reached out to the community with new class options attracting a whole lot of interest. Well done!



01/02

Goal setting with our Kaumatua



#### E tupu – e rea

With the added protection of a greenhouse, our seedlings are more likely to sustain no matter what season and weather patterns challenge us.

Maara Kai - Feeding the community. street by street - whanau by whanau

## A maara for community

- Matawhaanui Trust is committed to giving back to the community. This month our garden Lead Pam Murtagh has implemented a Parakore system that will see us become completely waste free across all Maara operations.
- Over the last 6 months , we have
- 1. Launched a food and vege enterprise
- 2.Implemented a koha stand at Te Whare Oranga to re-invest into gardens
- 3.Utilising our gardens to build connection to community networks.

02/02

#### Think local- grow local



With an increase in food and living costs, our efforts to bring relief to whanau struggling to make ends meet has been a welcomed blessing. No less than 300 vege packs have made it into the homes of our community which in-turn has had an increased interest in volunteers and community stakeholders.